ANALYZING JOES COMBAT/TECHNIQUES



Made by: Jagger

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JOE VS CARY FIGHT

Fight scene here: (https://youtu.be/tu4wnkKtvQs?si=PYTvRNqpwd15EJkb)

Cary is promoting Joe to hit him and starts antagonizing Joe to make him lash out in anger Joe then punches Cary and pushes him off the cliff.In this picture below, we see Joe rotate his shoulders/ hips and pivot his feet to throw a punch to Cary in the face Then pushing him off the cliff the punch Joe used a jab which is a very common boxing tactic/technique. To make this more impressive Joe is left handed and we see him jab with his right hand which is the hand your supposed to jab with if your southpaw/left handed I'll show a picture of the technique this could also be an uppercut cause of the upwards way he's punching Cary sense it's blurry it's hard to identify






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Conclusion: Boxing (Jab or Uppercut)

JOE VS CANDANCE FIGHT

Fight scene here: (https://youtu.be/kEiYvwsn0lc?si=zIFfculfO4UjhTDh)

In this scene candance confronts Joe with a knife and she attempts to stab him with it Joe then catches the knife redirects her arm and disarms it This very much looks like

krava maga or eskrima both of these arts focus on knife disarming and weapons handling this also matches the style of Krav Maga with redirecting the weapon.Joe also states that she doesn’t know how to use a knife implying Joe has knowledge on knife techniques/handlement i will put pictures of the technique below.







Conclusion: Krav Maga/Eskrima (Knife redirection and disarm)

JOE VS ROALD AND ADAM FIGHT

Fight scene here:
(https://www.youtube.com/watch?v=GrJwGze7ZD8)

Adam tackles Joe using a double leg/spear and Joe manages to reduce the impact of his fall by using a jiujitsu method called a break fall I will link a picture below

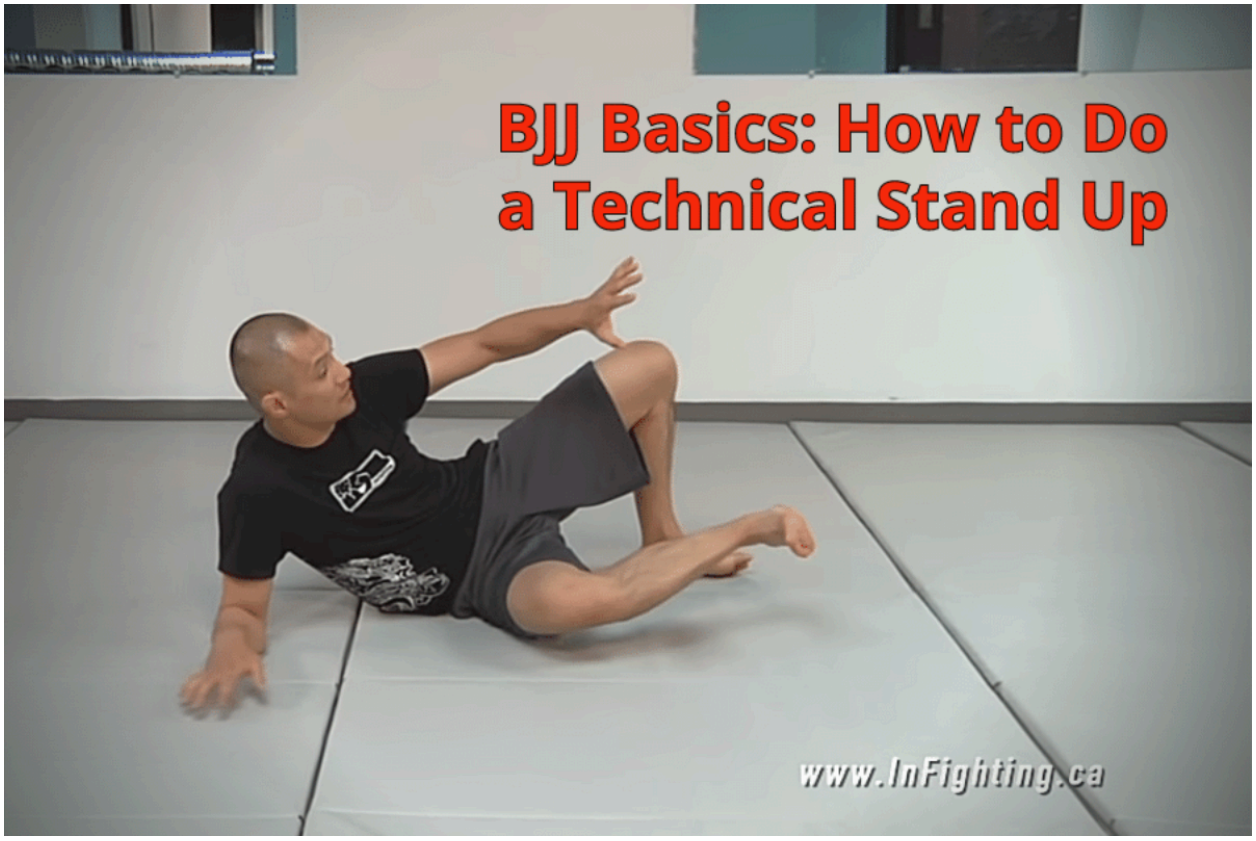




Joe uses another jiujitsu method known as a technical lift







Joe gets into a orthodoxed stance tucks his chin in and does a right hook on Adam which is a common boxing technique to make this more impressive Joe is left handed

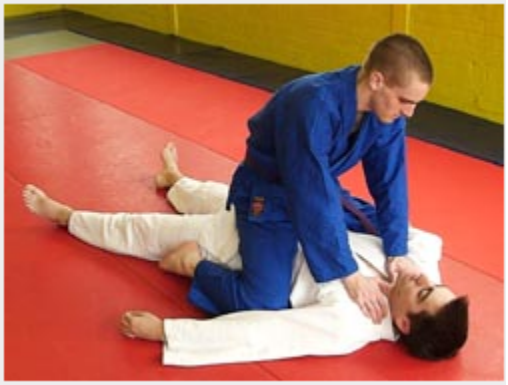
but somehow still knows how to use a orthodoxed stance





Joe tackles roald the floor Roald tries to grab his gun Joe then pulls him and gets on top of him slamming him until he’s unconscious. Joe uses a full mount which is a jiujitsu method I’ll put a photo below.





OVERALL TECHNIQUE'S USED:

BOXING+ BRAZILIAN JIU JITSU

[Break fall technical lift right hook and full Mount]

JOE VS BRONTE FIGHT

Fight scene here:

(https://youtu.be/BmJnPCc4Qwl?si=WyUJlxEMSQHh6XSz)

Joe uses a blast double leg takedown on Bronte double legs are very common in Brazilian jiujitsu but mainly wrestling as it's the most popular wrestling technique.




AGF
1

Joe then gets a full Mount on her tucks in his chin and performs a right hook on her this is a example of ground and pound a very common boxing technique





<u>OVERALL TECHNIQUE'S USED:</u>

BOXING+ BRAZILIAN JIU JITSU AND WRESTLING

[Double leg right hook full Mount ground and pound]

JOE VS VIC FIGHT

Fight scene here: (https://www.youtube.com/watch?v=Mo34jYL2A6o&t=32)

Joe performs a roundhouse kick which is a Muay Thai and taekwondo technique




和Harmony
Martial Arts Center



Joe then gets grips which is a BJJ technique





https://bjjfanatics.com/blogs/news/in-bjj-grip-strength-is-everything

Joe then gets in a low stance that looks like a wrestling/bjj stance with his legs/knees bent





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Joe uses underhooks on Vic which is a jiujitsu method and even professional ufc fighters use this method







https://fanaticwrestling.com/blogs/news/the-underhook-inside-and-out-with-chael-sonnen

Joe then uses a Muay Thai clinch





Joe then uses a slide by/back take and takes Vic’s back which’s is a wrestling/Brazilian jiujitsu this technique shows joe taking vic's back which happens to the clip of joe and vic fighting





(https://www.youtube.com/watch?v=a6P_oqBEd-s)
this also shows your supposed to go behind your opponent and take there back which is what joe did and how he got vic on the floor meaning joe was able to demonstrate taking vic's back

Joe then gets in a back mount and puts his hooks in to secure vic in his choke a part of jiujitsu is using a opponents outfit to choke them out Joe did this with Vic's tie





<u>OVERALL TECHNIQUE'S USED:</u>

MUAY THAI+ BRAZILIAN JIU JITSU TAEKWONDO AND WRESTLING

[Roundhouse kick Low stance grips underhooks clinch back take back mount and choke from back mount]

<u>JOE VS KATE FIGHT</u>

Fight scene here: (https://youtu.be/0Q4zDKvMjRU?si=wkOXu95Xf-wfY0Ix)

Joe manages to get a armlock/two on one control on Kate's arm while trying to disarm her gun which is a example of BJJ





Joe then redirects Kate’s gun and points it at her which seems to follow the principle of Krav Maga with redirecting the opponents weapon





OVERALL TECHNIQUE'S USED:

BRAZILIAN JIU JITSU+ KRAV MAGA

[Armlock and gun redirection]

JOE VS TEDDY FIGHT

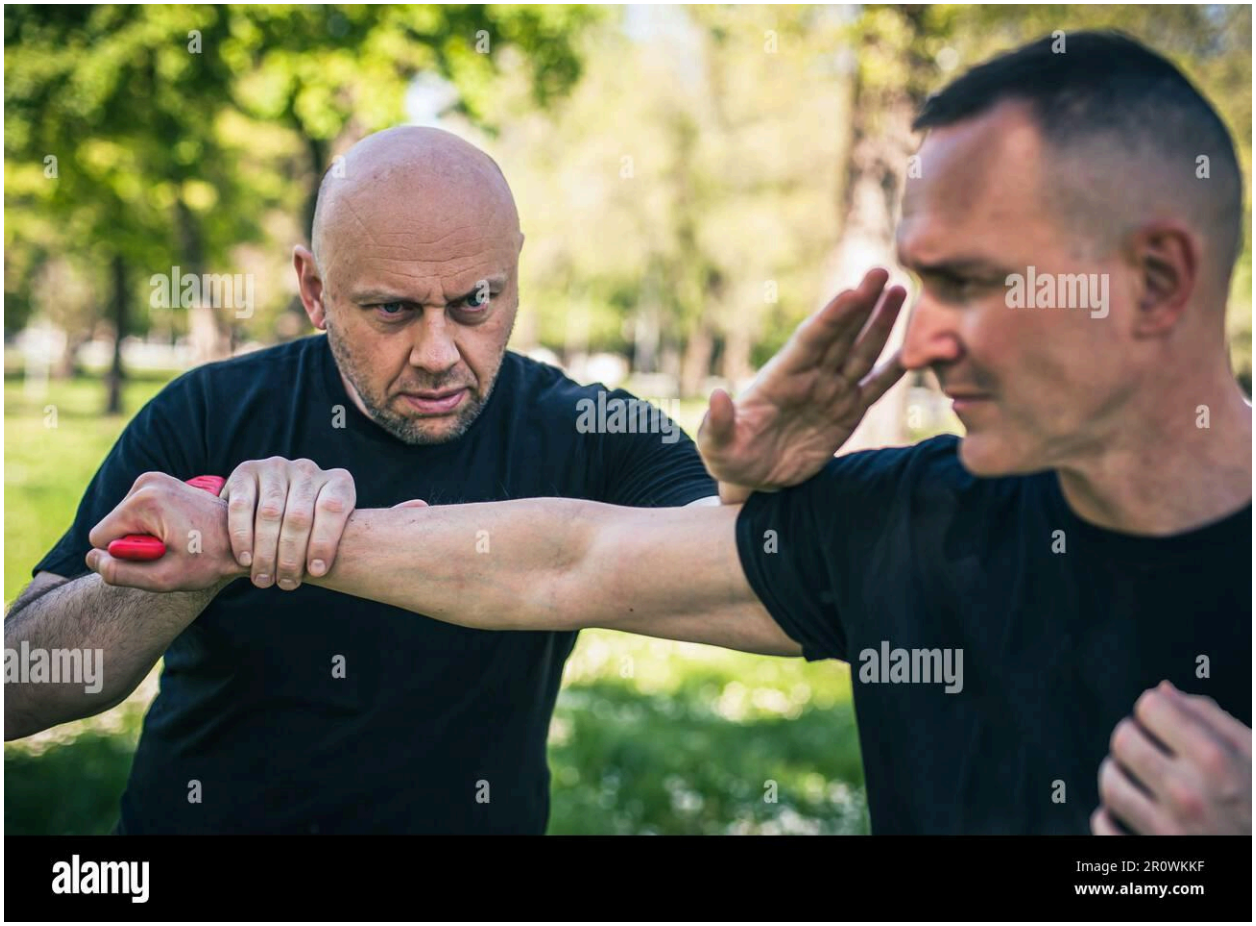
Fight scene here:

(https://youtu.be/SRiQ1xai5oY?si=W918d_ONA1QfPcce)

Joe manages to use another version of a armlock to disarm Teddy which is used in eskrima to disarm knife attacks to make this more impressive most knife attacks last 15-23 seconds Joe managed to Disarm Teddy in around 4 showing joes skills in knife disarming




FILIPINO MARTIAL ARTS
KNIFE
DISARMS



https://www.urbanfitandfearless.com/2016/09/self-defence-against-knife-attacks.html

Conclusion: Krav Maga/Eskrima (Knife Armlock and disarm)

JOE VS REGAN FIGHT

Fight scene here:
(https://youtu.be/SRCRfnUdJBg?si=QQcO_EEmCc08fT3e)

Joe attempts to do a leg catch from Muay Thai although it didn’t work we can see he showed the fundamentals of a leg catch





Joe manages to reverse Reagan’s full Mount which is taught in BJJ





Joe also manages to properly escape her triangle choke in order to know how to escape it properly Joe would need to know the fundamentals of a triangle chose meaning Joe

could know how to do it





<u>Conclusion:Muay Thai and Brazilian jiujitsu (</u>

[Leg catch Mount reversal and Triangle choke escape]

JOE DISARMS MARRIANE

scene here:
(https://youtu.be/WCrUppfA-to?si=WyccCzAtFdXmAT8a)
Joe manages to disarm marriane by pinning her arm against a wall and adding pressure so she lets go of the knife this is another eskrima disarm a professional filipino,martial artist made a wiki on how to disarm and this was there





Conclusion: Krav Maga/Eskrima (Knife pinning disarm)

PRESSURE POINTS KNOWLEDGE AND TORTURE STATEMENT

joe has knowledge on pressure points as scene when he killed Hugo the bodyguard and the cop he targeted the carotid artery and the Achilles tendon

Both of pressure points for the human body Joe even read a book on military torture methods when he tortured Rhys. Knife skills like this are often part of eskrima/Filipino martial arts they teach in knife defense like disarms how to properly wield weaponry and to target targets like the carotid artery

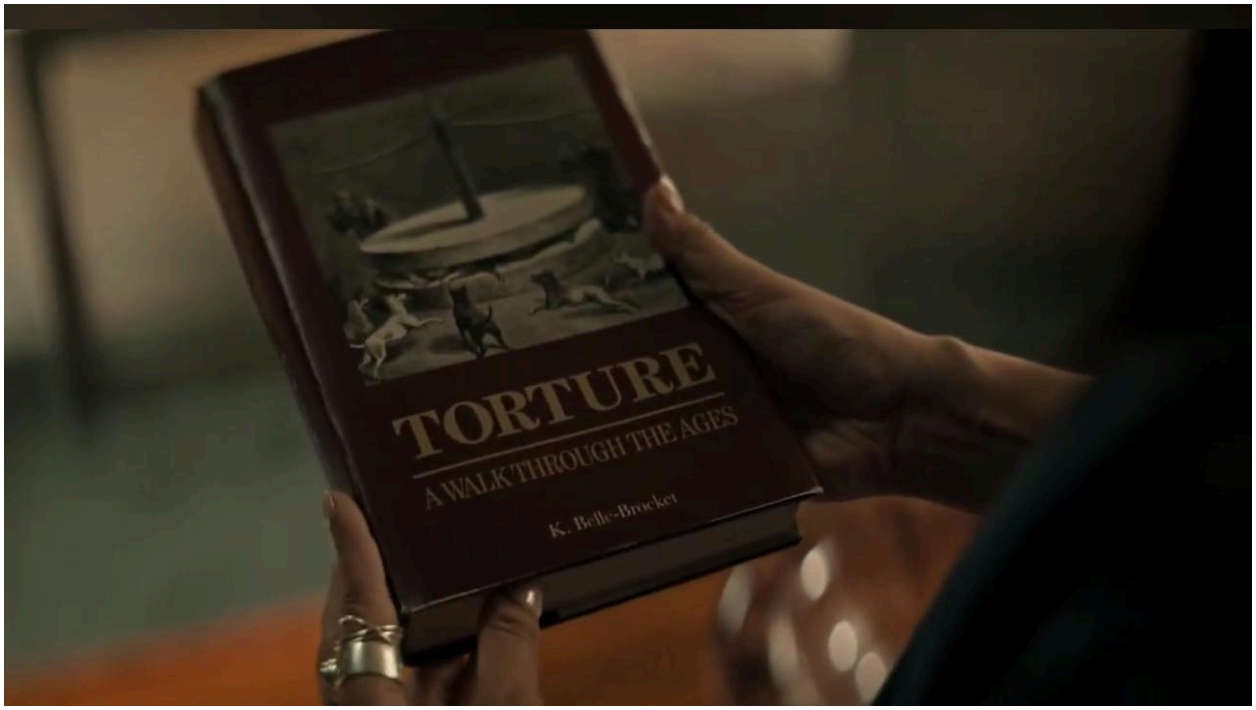


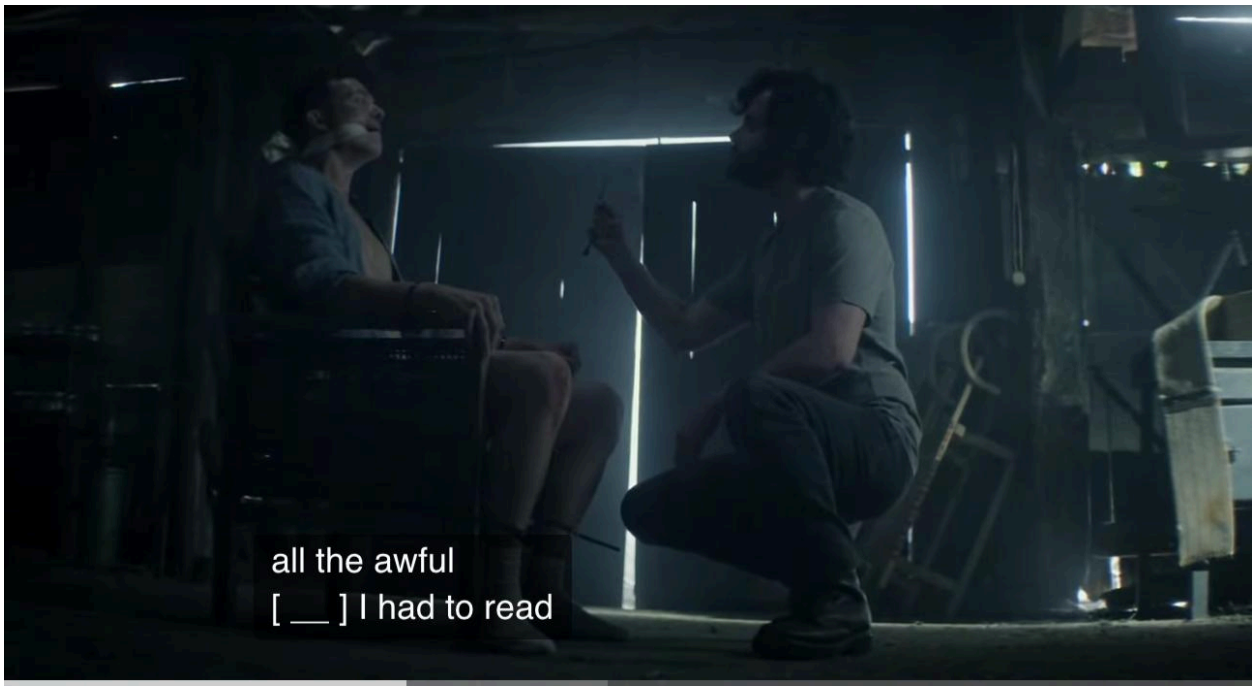


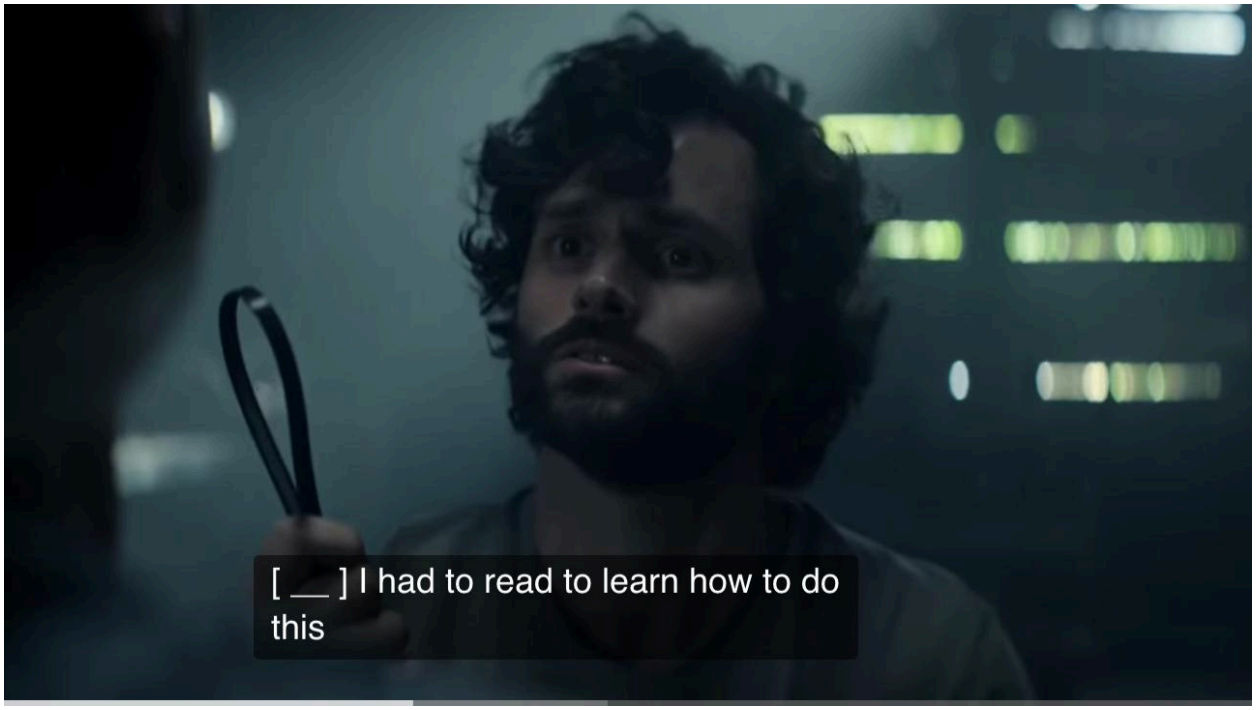

Carotid!



here’s the statements of Joe reading military stuff we also see when Nadia went through joes apartment and she found that torture book.


TORTURE
A WALK THROUGH THE AGES
K. Belle-Brocket


all the awful
[__] I had to read



OVERALL COMBAT SKILLS:

A MIX OF MARTIAL ARTS

[Unknown training]

CONCLUSION:

Analyzing all of Joes fights,you can see that his combat style doesn't come from just one martial art, but from a mix of various grappling techniques, etc. **Muay Thai** clearly appears with clinches leg catches and roundhouse kick **Jiu Jitsu** appears in the rear takedowns bodylocks and in the arm/jointlocks. **Wrestling** influences the clinch and positions like the double leg slide by etc. **Boxing** appears with the jabs uppercuts hooks and with ground and pound. **Knife defense** with the different Krav Maga and eskrima disarming techniques