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Joseph Lockwood Goldberg



Joseph Lockwood "Joe" Goldberg is the protagonist of Netflix's YOU. He is portrayed by Penn Badgley. He was also portrayed by Gianni Ciardiello, Aidan Wallace, and Jack Fisher as a youth.Joe Goldberg is a charming and seemingly normaresorts l bookstore manager who becomes obsessed with his girlfriends and often to extreme measures to control their lives and eliminate any threat to the relationship. He is the biological son of Raphael Goldberg and Sandy and the adoptive son of Ivan Mooney, the father of Henry Goldberg, ex-husband of Love Quinn, and husband of Kate Lockwood. He is an obsessive stalker who uses technology and social media to stalk the people he loves. The series explores themes of unhealthy love, obsession, privacy and even murder, as Joe commits a series of crimes in the name of what he believes to be true love.

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General Explanation

After killing Love, Joe Goldberg moves to England, where he becomes a professor. Joe, now known as Jonathan Moore, starts researching Rhys after his student Nadia tells him about Rhys Montrose. Over time, due to his obsession, he creates an alter ego and transfers all the bad aspects he doesn't want to admit to the character of Rhys Montrose. But Rhys is not just a simple alter ego; Joe suffers from two mental illnesses, dissociative identity disorder and schizophrenia. Joe and Rhys are in a constant dialog; they can talk to each other and come up with different plans and strategies. They also have the capacity to realize these strategies simultaneously. Rhys is not only a reflection of Joe's evil side, but he can also act independently of Joe. This independent functioning means that they both have the ability to reason independently on different issues. also, as in dissociative identity disorder, Joe's body is able to switch between these 2 different personalities.

Multi Tasking

> Multitasking can result in time wasted due to human context switching (e.g., determining which step is next in the task just switched to) and becoming prone to errors due to insufficient attention. Some people may be proficient at the tasks in question and also be able to rapidly shift attention between the tasks, and therefore perform the tasks well; however, self-perception of being good at multitasking or getting more done while multitasking is frequently inaccurate.[1][2]

Human multitasking - Wikipedia

The human brain is capable of multitasking up to a certain level. For example: you can write with both hands or eat while watching a movie. However, as the complexity of the tasks and the number of errors increases, the performance and efficiency of our brain starts to decline. The main reason for this is that the human brain is quite restrictive when it comes to really complex processes. For example, imagine a situation where a person is trying to listen to two different conversations at the same time. As a result, he or she can only understand parts of these conversations, and this means that our brain has a hard time organizing its resources for each of its operations

However, when we look at Joe Goldberg's case, we see a completely different situation because Joe, as we mentioned above, can easily hallucinate while hallucinating a complex multitasking that the human brain is incapable of doing, he literally manages to process 2 personalities at the same time I plan

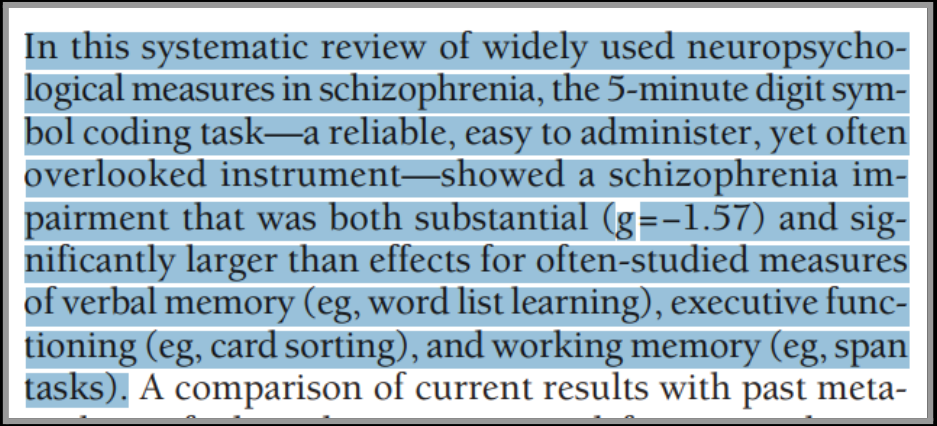
to focus on the cognitive aspect of this achievement because Joe's cognitive abilities are incredibly advanced, if you want you can read the cognitive aspect first

To prove that Joe Goldberg is multi-processing and that Rhys has a reasoning process independent of Joe, we only need to look at 1 scene:

Joe Goldberg-Rhys Montrose Multitasking Proof

This scene supports the multiprocessing hypothesis. The most important reason for this is that Joe is able to make such a reasoning even when he is hallucinating. This shows that the subconscious and the conscious can carry out different functions at the same time. Furthermore, the fact that this reasoning is done by Rhys proves that the character can reason independently of Joe. This shows that Rhys is not just a reflection of Joe's mind, but has his own autonomous thought processes.

Joe Goldberg's Proccesing Speed


In this systematic review of widely used neuropsychological measures in schizophrenia, the 5-minute digit symbol coding task—a reliable, easy to administer, yet often overlooked instrument—showed a schizophrenia impairment that was both substantial (g=−1.57) and significantly larger than effects for often-studied measures of verbal memory (eg, word list learning), executive functioning (eg, card sorting), and working memory (eg, span tasks). A comparison of current results with past meta-

Overlooking the obvious: a meta-analytic comparison of digit symbol coding tasks and other cognitive measures in schizophrenia

Individuals with schizophrenia experience a significant decline compared to the average, particularly in brain processing speed, as well as in working memory and even cognitive processes. This decline is most severely observed in the brain's processing speed.

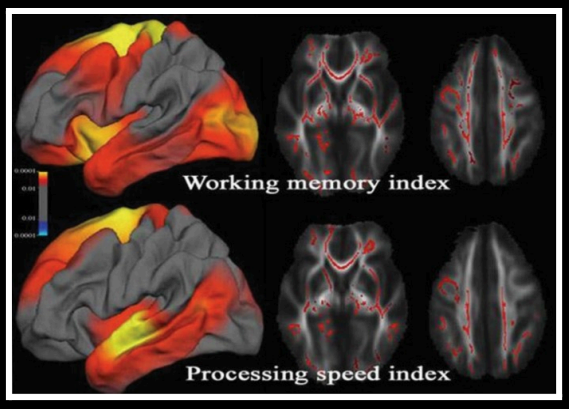
As we have just told you, Joe Goldberg is operating 2 different personalities at the same time, although it is impossible. Especially doing this while hallucinating, again, makes Joe Goldberg's CPI incredibly, incredibly strong, which shows that Joe's mental capacity is extraordinary. Under normal cases, a human brain would struggle to manage even one personality, but Joe is

able to manage two different personalities simultaneously. And the fact that he does this while experiencing hallucinations.

Working Memory Aspect

One of the main criticisms that can be made for this feat is that this feat is only within the scope of Processing speed. This is not entirely true.

To put it simply, processing 2 different personalities in your mind means transferring the information from 2 different personalities through working memory into long-term memory, a process that requires a very complex and intensive cognitive processing. Each personality processes its own experiences, thoughts and emotions separately. This information is stored primarily in working memory, i.e. short-term memory. Working memory is used to process and temporarily store immediate information, which is then transferred to long-term memory. Long-term memory is where information is permanently stored. Carrying out this process for two different personalities at the same time puts an extraordinary strain on the brain's processing capacity.



[Can Cortical and White Matter Deviations Explain Deficits in Working Memory and Processing Speed in VLBW Young Adults? | Pediatric Research]

Although I generally have doubts about using correlations between cognitive processes in fictional works, I think there's no need for such doubt here because processing speed and working memory largely involve the same areas of the brain. If you claim that an individual demonstrates a practically impossible processing speed, you can never claim that the same individual has an average working memory, because these processes highly activate the same brain regions.

Cognitive Aspect

In terms of cognitive flexibility, Joe's performance is well beyond the norm. The ability to process two different personalities at the same time shows that the brain can simultaneously carry out processes that it normally switches to sequentially. Instead of switching between different thought structures, the mind now processes them in parallel.

In terms of cognitive capacity, Joe's performance exceeds the known limits of the brain's ability to process information. The ability to process the thoughts and experiences of two different personalities simultaneously shows that the cognitive capacity is extraordinary.

Metacognition manifests itself in Joe's awareness over his own mental states. Being aware of the existence of different personalities and being able to manage them indicates a high-level metacognition ability. This is an extraordinary example of the mind's capacity to monitor and direct its own functioning.

Regarding cognitive adaptation, it is remarkable that Joe was able to quickly adapt to this complex situation. The fact that he was able to immediately cognitively adapt to this experience he experienced for the first time shows how strong the brain's ability to adapt to new and complex situations can be. This rapid adaptation highlights the flexibility and adaptability of cognitive processes.

The superior cognitive discipline demonstrated by Joe Goldberg stems from the extraordinary harmony of different parts of his brain. Even in situations that would normally cause confusion, such as seeing dreams and having two different personalities, the parts of the brain that manage thoughts and emotions continue to work regularly. In this way, Joe is able to handle two different personalities at the same time and maintain complex thoughts.

Where can we scale it?

Above Ayanokoji(FMA)

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Misconceptions

-Debunk
-Rebunk

-Having 2 different personalities doesn't mean you process both of them at the same time
-I thought I had expressed this clearly in context, but when objections like this start coming in, I decided to clarify these concepts in the document to avoid misunderstandings.First of all, yes, it is true that it did not mean this, but I did not add a scene unnecessarily to prove it. You are overlooking the fact that Rhys and Joe have different perception processes.

-This is Parallel Processing isn't Multi tasking
-Joe Goldberg-Rhys Montrose Multitasking Proof 2
Parallel processing does not provide sufficient capacity for the cognitive functions of two different characters because each character has distinct perception processes that the brain must handle simultaneously.

Dividing the brain's resources across different areas may reduce the cognitive load, but it also prevents both personalities from reaching their full potential. Therefore, multi-tasking is a more logical approach than parallel processing. Additionally, from the perspective of Occam's Razor, it is simpler. Using each resource in perfect harmony by dividing it in two is shorter and simpler.

-Multi tasking is myth
-Multitasking Splits the Brain | Science | AAAS
Shut up kiddo

Do you want to debunk this feat?

You can debate with me, don't bother producing the doc, if you defeat me in a debate I will accept that the document is invalid. **DC:@yildizya**
I'm too lazy to bother debunking the document.

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Update: 11/08/2026

I should clarify that I'm no longer interested in Joe Goldberg Scaling. I'll keep this document public in case there are people who think they can defend it, but I personally no longer consider it valid. That said, it doesn't really matter much, since Joe Scaling is no longer a priority for me. So I'd ask that you please don't DM me on Discord about this feat. I won't be debating it or providing any further explanations regarding it.