I have to make this document for a reason, and that is that after this publication, many people mistakenly believe that Baek has poor Deception, foresight, strategy and planning, and that is something I must correct, so this is…

Why Dr. Frost Deception, Foresight, Strategy And Planning Aren't Bad

By: u/Creepy-Ebb-3026 on Reddit



Soooo…

Categories

Deception

Strategy/Tactics
Planning
Foresight
Others

Feats

I don't want to overcomplicate things, so I'll give a quick summary of ALL of Baek's feats in those categories, since the creator of that post doesn't mention any specific anti-feats, this should be enough.

Chp 1-2: An Empty Man: Failed Date Prediction

His first feat was, in fact, in his very first appearance. That girl had her legs crossed, as well as her arms, a closed posture. Her purse was on another chair. Women care about their purses, they'll bring them closer to someone as they gain trust. When the man gave her the ring, she put her hand to her mouth, indicating she wanted to hide something. The design of the bar mirror is a Rorschach test; she saw a mask. Her legs were pointing toward the exit, so when she went to the exit, Nambong predicted she wouldn't return. Is this a prediction? The answer is YES. Prediction is often based on emotional understanding. While Baek lacked affective empathy at this point in the story, he actually possessed a high level of cognitive empathy based on his knowledge of psychology, which he used for his prediction.

Chp 7: An Empty Man: Time Limit Omission

Baek intentionally concealed the 5-minute time limit in order to obtain a more accurate test of the patient's mind.

Chp 8-9: An Empty Man: Espionage Strategy

Nambong decided he needed more information from the patient, so he had to investigate his home. However, there was a problem: the patient would be leaving work soon. So he explained to Seonga the body language she should use to effectively distract him, and then sent her to distract him while he entered the code and investigated (code which he then abducted himself in that moment). He said he was there to complete the consultation, which implies that he knew from the start that the information there was all he needed (although if you prefer, this can be considered more as intuition or simple common sense).

Chp 17: The Black Wave: Pretending to be a Teacher

Nambong was intrigued by the case, but the patient refused to go to therapy. Consequently, Baek changed his hairstyle, changed his clothes, and put on glasses to make his disguise more convincing. He then added details to his facade twice in front of the mother. First, he said he used to live abroad when he noticed she found his name (Frost) strange. Then, when he claimed to be an English instructor, the mother told him Nari was looking for a math tutor, so he modified his lie again, saying he taught math in English.

When he was speaking with Nari, he feigned surprise while using the tactic of repeating his words to get her to open up.



Even though it was something he could already guess from what Seonga had told him.

He pretended to have hated literature in school because of questions like "identify the theme in the text".

Chp 27-28: Ten Days in the Life of Shy Mr. Yeon: Treating Social Phobia

After diagnosing Yeon with social phobia caused by a past incident in class, Nambong devises a strategy. He asks Professor Oh to gather all the students who were in that class, disguising it as a memory study. He gives them a questionnaire asking if a student was present and then their opinion of that student.

Baek accurately predicted the results of the experiment, in which the vast majority expressed not remembering Yeon, and the girl Yeon likes stated that he was foolish for not having confessed his feelings to her sooner.

Chp 31: The Tears of the Princess Pyeong-Gang: "Bad Subject" Capturing Strategy

Seonga told Baek that he had a friend who always ended up dating someone who turned out to be a bad person, so Baek asked Seonga to recommend the Mirror bar (where he works as a bartender). He had a good reason for doing so.

1. The plan was to demonstrate his psychological skills and, once he managed to separate her from her partner, arrange a consultation with him.

2. The detectives go to the bar every day as payment for the Black Wave Arc misunderstanding, so they could confirm there just how bad a person he really is, and if so, arrest him immediately.

Chp 46-54: The Desire of Others: Anna's Case Strategy

First, let's see the context; Anna was an idol and fromer member of a group that disbanded after one of its members committed suicide. Anna had been embroiled in scandal ever since she announced she had a boyfriend. She believed she had a stalker, so she went to Baek, who had actually approached her intentionally, perhaps because he already suspected her psychological diagnosis.

Baek predicted that Woo Jin would visit Anna, so he left a pen with a hidden camera in a plant. He also knew it was quite likely the manager would get involved, but I wouldn't risk saying he predicted everything. Up to that point, this was just an information-gathering strategy. Now, this pen wasn't left randomly; it was specifically placed to eliminate blind spots, since Baek had already seen the security camera footage. This would be important, because through the pen he would see the manager pick up the ring, ruling out the possibility that it was the stalker who had stolen it. Seeing Woo Jin's reaction, he realized it was fear. That's when he solved the case. His conclusion: Anna suffered from delusional personality disorder and was identifying with her deceased mentor, who was actually Woo Jin's ex-girlfriend. His solution? Baek devised a plan: he would lie to Anna, telling her she had been cast in a film with a story similar to her own life, and have her play the role of her mentor. This would allow her to experience herself from a different perspective and ultimately decide the role wasn't right for her. To execute this plan, he convinced Anna's other group member, the manager, and Seonga to collaborate. He had the manager lie to Anna to get her to the filming location, telling her that since she had no experience, she would have to improvise. His plan worked perfectly.

Chp 61: A Solar Eclipse Between Two People: Seol Ragebaiting

Aware of Seol's tendency to be interested in anyone who was close to her sister, Nambong decided to test the waters by asking Seon out. Of course, this went wrong, causing Seol to commit parasuicide, which led Nambong to try to be more careful.

Chp 78-79: Persona: Suicide Attempt Prediction

After discovering that the film director used hypnosis and didn't know how to deactivate it (and also effectively predict the drug he was using to maximize the effects), Nambong read that a suicide scene was mentioned in the script and surmised that it would actually happen based on the director's history of an actress who had worked with him dying. His initial guess was that Anna would be the victim due to her history of delusional disorder, but this proved incorrect. Instead, the other actor attempted suicide, but fortunately, Baek stopped him in time.

Chp 80: Persona: Lying

When Seonga told him he should change his bandages, Nambong lied, saying he had already changed them. His lie failed, but a lie is a deception, so…

Chp 80: Persona: Lying (2)

Seonga noticed he was staying and assumed he was going to watch the tape again. He said he didn't know what she was talking about, and she realized his lie again. (Seonga's EP is scaring me.)

Chp 86: Insomnia: Predict the Patient's Route Home

Yes, this feat is a bit difficult to detect because it's due to design inconsistencies, but I'll explain it.

Nambong intercepted the patient on his way home. This doesn't seem surprising; he had already read the record and knew the patient's address. However, he didn't intercept him near his house. How do I know this? Easy: aerial footage.



Of his house.



Of the university.



And of the place where he intercepted him.

The implications of this are that Nambong predicted exactly the route the patient would take home, and at what time. Furthermore, it wasn't near the university or his home, and he didn't intercept him outside of work because he's unemployed. The only information Nambong had about him was his medical record; no routine routes. Yes, it's a feat pulled out of thin air, I admit it, I'm a Dr. Frost glazer, but do you grasp the magnitude of this feat?

Chp 90: The Psychologist in the Black Room: Seonghyun Book's Prediction

During Baek's childhood, he noticed that the name Seonghyun Moon appeared repeatedly in the books he read, so he set out to find him. To do this, he gathered the many books Moon had read and organized them.



Creating a solid hypothesis of Moon's interests, and finally, he predicted the next book he would read.



Although, he arrived a little earlier.

Chp 99: Mirrors: Remote Alarm Contingency

As you may know, for some reason I don't understand, contingencies are a subcategory of planning and not foresight, but, continuing…

In this case, Seong Song had a stalker, so Nambong told Oh to go for the emergency alarm that is used for experiments and put it under his desk.

Chp 106: Is There a Light at the End of the Tunnel?: Get the Psychological Autopsy Case

Nambong lied to the students, telling them that the police had sent him to solve the case. In reality, that never happened; he wrote the paper so he could investigate, and that's how he managed to interrogate them.

However, the information wasn't enough, so he decided to talk to her parents. Now, I need you to remember that emotional deception is a form of deception.

He pretended to believe that a genuine connection might be necessary for therapy and that he was doing it for the victim's sake, then claimed he did it because his first patient had also committed suicide. In reality, this is also a deception by omission, since he only stated that his first patient had committed suicide and left it to the parents to initiate the connection.

Chp 116: Merry Christmas Dr. Frost: Dream Prediction

While he slept, he predicted that he would no longer be a professor in the future, which is impressive. This implies that his subconscious had already anticipated part of Moon's plan, even though at this point in the story, he didn't even know that Moon had a plan, only that he wasn't as good a person as he seemed.

Chp 117: Happy Birthday Dr. Frost: Leaving the University

Moon orchestrated the suicide of one of Song's patients and revealed it to the press, pressuring Song to resign. This led her to join Moon's project. While Baek didn't know Moon's plan, he knew he wasn't a good person and was up to something. Someone must have leaked to the press that he was one of Song's patients, so he suspected Moon was plotting something. To thwart him, Nambong resigned from his university professorship in Song's place.

.....

Season Three

Until now, I hadn't pointed out the change of seasons because it wasn't relevant; however, on this occasion it's necessary, because this season is a dream within Baek's coma, and therefore could be considered invalid. However, since Nambong wasn't aware of this, it does represent what he would do if he were in that situation.

Chp 131: The Illness That Lies: Deceiving Professor Fater (Chun)

After the nurse noticed that Nambong had shown signs of hallucinations (to which he always replied that it was nothing).

Nambong ended up in front of Professor Fater (who would later be revealed to be Professor Chun). Fater tried to determine if Baek's eye movements revealed whether he was hallucinating, so Nambong controlled his facial expression despite his first patient's hyperrealistic hallucination. When Fater asked him directly, he replied that he wasn't experiencing psychotic symptoms, so he asked for a change in his medication (although at that moment it was true that he wasn't experiencing psychotic symptoms) and that since he used to be a psychologist, he should trust that he would be the first to know.

Chp 155: Angel's Share: Cocktail Presentation

For the talent show, Nambong decided to create a "magic shop" where stories could be shared. This "magic shop" involved setting up an improvised bar, dressing up as a bartender, and preparing cocktails. The trick? Nambong completely invented the history of the cocktails, their names, and their meanings.

First, there was a man who, due to overwork, failed to notice his daughter's depression, which ultimately led to her suicide. Nambong invented the story of birthday wine, a Chinese tradition where wine is created when children are born and fermented as the child grows, to be consumed when they reach adulthood. He then told the contestant that he had an unopened bottle of this wine, his daughter's, in his heart. He prepared a cocktail called Platanus (which obviously doesn't exist), claiming it was the favorite of the famous actress Erin Templon (who also doesn't exist) and that her father always made it for her when she returned from an audition.

Then he continues lying, saying that platanus has two meanings: forgiveness and rest.

This story inspires more people to go, and Nambong repeats the same process over and over, all in front of Fater, who also studied psychology and also can read microexpressions, and didn't realize it until Nambong himself pointed it out.

Finally, he made Fater a cocktail, explaining that in the process of fermenting alcohol, a small amount escapes into the air; the angel's share.

He also explained that he made the cocktails with random ingredients, so that's also practical deception.

Chp 160: White Night: Professor Fater's Fail Prediction

Understanding that Fater had a conflicted relationship with his father since his job was not what his father wanted, once Fater told him that he would talk to his father because he believed that he had always secretly accepted him, Nambong predicted that this would not go well.

.....

Chp 167-168: The Trap: Remove Seonga From the Case

Knowing that there was a scandal surrounding Seonga because one of his patients had committed a hate crime, Nambong deduced that Moon had brainwashed the patient, and was therefore trying to make him reappear since he knew that he cared about Seonga. Nambong had been missing for 7 years in order not to get on Moon's radar, and he couldn't allow Moon to involve Seonga, so he went personally to ask her to drop out of the case.

Chp 169: The Trap: Hate-Based Terrorism Prediction

Based on the patterns of behavior exhibited by society as a result of Moon's plan, Nambong predicts that if he does nothing, Korea will enter an era of hate-motivated terrorism.

Chp 171: The Trap: Saving Manny

He sees some kids bullying Manny, so he makes a noise with his car and then blows his whistle to trick them, predicting they'll think he's the police and therefore leave. He also predicted that if Manny approached one of them when it was alone, it would get scared.

Chp 172: The Tower of Leviathan: Changgyu's Return Prediction

Reporter Changgyu stormed off after Nambong asked if it was guilt or fear that made him copy articles; Baek predicted he would return and even won a bet for 20.000 won.

Chp 174: The Tower of Leviathan: Anticipating the Truth About the YPA

When Changgyu told Baek that the Young People's Political Association (YPA) was a fake news factory, he claimed to already know that.

Chp 174: The Tower of Leviathan: Hate Targets Prediction

Based on the fact of hate attacks targeting politicians and migrant workers, Nambong predicted that the next target would be the elderly.

Chp 175-177: The Tower of Leviathan: The "Long Bone" Strategy

Nambong learns that they found nothing in Tapgol Park (its name means long bone, something they had heard in Changgyu's recording) and consequently decides to talk to a YPA member whom Seonga had already interrogated before. Baek, since he has no opportunity to interrogate him without doing the paperwork, he asks the policeman to tell him that he has a visitor and to specify to him that it is a very important person, predicting that he will accept the visit.

By then, Baek had already listened to the entire recording (while he was in the car, therefore he anticipated that it might be useful), in which he said the YPA member wasn't important. So, he first provoked him by channeling his hatred, and then showed him the recording where he said he wasn't important to the YPA, predicting that this would make him willing to cooperate (It is not specified whether the recording refers to him or another member of the YPA, if it's another member, this is also deception). When the man finally cooperated and mentioned that he had once been given the job of finding farms, Nambong abducted that they were actually at a soup kitchen for the elderly, where they were given food laced with pesticide. After a while, the smell would have diminished enough for the elderly to go unnoticed.

So he called Seonga, who told him that someone was distributing food among the elderly, something he had predicted, and ordered him to stop them as quickly as possible, while he went himself to be sure.

But he arrived after one of them had already eaten, so he asked Seonga for a bag, then used his own diazepam pills while having a panic attack, and crushed them to give to the old man with water.

And all of this is, in fact, a single move against Seonghyun's plan.

Chp 180: Fox Hole: Strategic Discussion's Plan

Changgyu did a network analysis to predict the YPA's next move, and the result was again migrant workers, but then Baek predicted that this time the attack would not be against migrant workers, it would be an immigrant who would lead the attack, which he pointed out to Seonga.

Since they didn't have much to go on, Nambong decided to investigate the tunnel ritual (which they had also heard in the recording) but again, it seemed impossible, so Nambong decided that he would use Manny's brother (who was an immigrant, although he was unconscious in the hospital, so they would have to wait) predicting that it would happen that they would take him to do the ritual for that very reason.

Nambong abducted right there that the tunnel ritual would be brainwashing, and therefore said that whoever they send there, after spending enough time to know what it was, would take a pill prepared by him (which turned out to be just concentrated sugar pills to reduce logical thinking a little, absolutely nothing else) and asked Changgyu for a miniature recorder to have his plan fully prepared.

Even so, this plan did not go as Nambong expected, since later it would be Manny himself who would execute it without telling Baek.

Chp 185: Fox Hole: Deprogramming

Once Nambong realized that Manny had decided to carry out the plan alone, he decided to change the consulting firm he was going to use to find someone who had been brainwashed by deprogramming them, in order to obtain information quickly. This would also allow Chief Kang of the police to arrest an entire terrorist organization because of the information that would be revealed, which would make her rise in the police, something he explained to her.

Chp 230-233: Stray: Seongjun Ambush Strategy

First, let's set the scene. Baek and Changgyu had just heard Moon's backstory when the power went out. By that point, Baekhad already hypothesized that Seongjun (Moon's right-hand man) was Seonghyun Moon's brother. Then the lights went out, firecrackers started going off, and a bullet hit Changgyu in the arm. This is when Baek began to formulate his strategy.

1. The first part of his strategy was to send Gu (the person whose mother had told them Moon's backstory) to find a place with cell service to call for help.

Baek also deduced that they wouldn't waste their ammunition because they must have little left, so he implemented the second tactic.

2. He put a book under his sweatshirt to block a possible knife attack.

3. He went to a warehouse, predicting that Seongjun would also go there because he had a personal mission to eliminate him.

If he prepared with a book under his sweatshirt, it's because he knew a fight was inevitable, one he obviously couldn't win. This is where his strategy blends with planning; tactic number four would unfold during the fight.

4. Baek uses his cold reading (basically one of his best cats) to delay Seongjun.

Now, why would he want to delay him? It was obvious he had no chance against him in combat, and he couldn't psychologically break Seongjun in a position of inferiority. That would seem irrational until you realize that the only way this would work from the start was for Baek to know Changgyu was coming, which is very likely since he had already seen Changgyu with the stun gun. His plan would be completed when he and Changgyu defeat Seongjun using the stun gun, although due to a miscalculation by Baek, Changgyu would collapse from his gunshot wound.

Chp 235: Stray: Non-Attachment Prediction

During a flashback, kid Nambong predicted that a patient (who was Chun's father) would be unable to develop an attachment because it would be quite strange for someone with vascular dementia.

Chp 249: The Beginning of the End: Hug

Baek enters the place, and sees Seonga, who was completely devastated for not having been able to protect Jinhan, so in a second, he hugs her, understanding that this will allow her to regulate her feelings.

Chp 250: The Beginning of the End: Stop Changyuu

After the hug, Changgyu seemed to hint at something between Nambong and Seonga, at which point Baek stopped Changyuu by lightly tapping his arm, the same arm where he had been shot earlier. Baek then claimed he had hit the wrong arm.

Chp 253: Decalcomanie: Riot Prediction

After Seongjun told him that Moon was planning a “dust and air explosion,” Nambong predicted that he would start a riot with a demonstration, gathering everyone once he reached a certain point in his plan.

Chp 255: Decalcomanie: Protect Song

After Moon told him he was planning to hurt someone, Nambong anticipated it might be Song, since she was the only one close to him who wasn't involved in the

investigation, and she was also close to Moon. So he decided to reveal the truth to her so she would be careful.

Chp 258: The Guiding Light: Location Prediction

Nambong mentalized himself as if he were Moon, wondering, "Where would a riot start?" There were two possible locations, but since one protest demanded something specific, while the other was less focused, Nambong predicted it would be at Gwanghwamun Gate. Unfortunately for him, Moon had already considered this.

Chp 261: The Guiding Light: Splinker Plan

Basically, we're at the end. Moon had already managed to incite the riot, so Baek formulated a plan in a few seconds based on his knowledge. The plan consisted of distracting the rioters using a psychological stimulus, specifically a baby's cry, and then showing their faces on screen for less than 3 seconds, allowing them to become alienated and ask, "What am I doing?" This effectively stopped the riot while Baek went to talk to Moon.

The End

