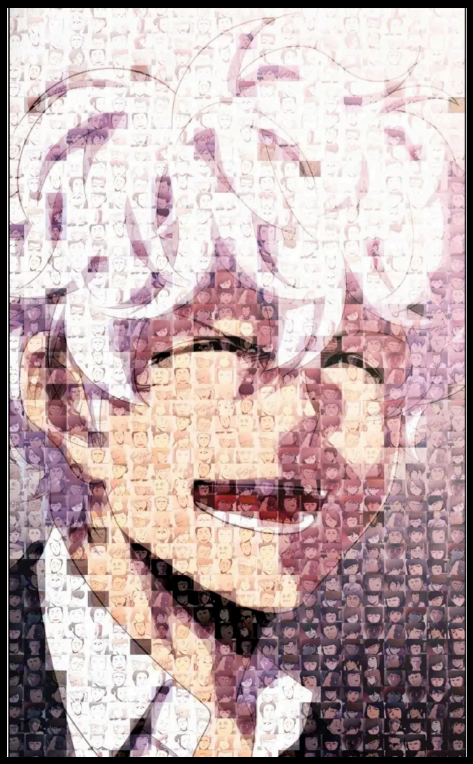
NAMBONG BAEK DOC



Solo project by
Tiktok: @zz9he
Discord: human2574
Youtube: @Human-Zz9he

Colors
Red - Intellect
Purple - EQ, SQ
Yellow - Reasoning, Thinking
Blue - Strategy, Planning
Green - Manipulation, Deception
Orange - Foresight
Pink - Insight
Cyan - Misc

NOTE: Scans will not be provided unless I simply like the screenshot

NOTE THE SECOND: This is my first ever doc alongside the Moon doc

(Link to Moon doc for context)
https://docs.google.com/document/d/1q0-uWErI0hA-EM1nVV1ZS8Mcu6vIFELJaF7tAUA-W3g/edit?usp=drivesdk

Link to my PJ doc https://docs.google.com/document/d/1B6sVaag8rV7sxltDanM1dc4kFFGgn-WWLpfFhYJtbU8/edit?usp=drivesdk

SEASON ONE:

He referred to a phrase by Gordon Exner in his mind and how he changed his view that all people are unique
Crystallized Intel

Explains how the bars name of "Mirror" reflects the current situation by saying people tend to reveal their unconscious thoughts as if being reflected in a mirror
analogical reasoning, VCI

He explains how several observations led him to predict Ohs girlfriend wouldn't return

1. Humans have what are called "open" and "closed" positions. He then elaborates that when they hear something they don't want to hear they enter a closed position as if to shield themselves. He observed that the woman entered a closed position as soon as Oh said that they had the rest of their lives for her to make things up to him.
2. He also observed that she placed her purse away from her partner which indicated a lack of trust in him
3. Explains how usually when people lie some of the following things happen
   - Pupils dilate
   - They touch their shoulders or neck
   - Sweat and other kinds of things
4. Explains how the easiest to spot is their mouth. Due to the fact that lying makes people feel guilty so they typically want to cover their mouth when they lie so one usually feels the urge to touch something near their mouth. He points out when she said "I wish I could make it up to you." She touched her lips.
5. He again explains how for a similar reason people tend to do the same for their ears when hearing something they don't want to, which happened here. He combines this with when her pupils dilated after seeing the ring. Which when combined allows him to infer she's after Oh for rather vain reasons and is not interested in a genuine relationship.
6. He remembers he overheard the woman thinks the Rorschach pattern on the wallpaper looks like a mask he then proceeds to

explain the rorschach test and how her response of a mask indicated she was hiding something.
7. Points out he noticed her (Oh's partners) legs are facing the exit indicating that's where she wants to go

Combined all of this to infer that she wouldn't come back.
Inductive rsn Crystallized Intel, Observation VCI Emotional Perception, Emotional Understanding

Frost was Chuns disciple which gives him narrative as Chun was the head of liberal arts at Yonggang University who had received international acclaim. We even see his face on a time magazine and have seen how students swarm to be taught by him. Seonga also claims "In his younger days he was known as a legendary genius psychologist." (Narrative)

He's good looking enough to make a girl that passed by him want to see Seonga to talk about it
Charm

He has been shown to read dissertations by Martin Seligman
Crystallized

Back to the bar scene in a flashback it's revealed he knew Jenghyuk Oh (Not to be confused with Seongshik Oh another professor) was "all surface no depth" and that this has happened multiple times to him
Emotional Perception, Emotional Understanding

Once he entered the counseling center he immediately rearranged the clock which he explained was because if clients can see the clock they can get distracted and start waiting to leave in case they're more closed up. He explains that for the same reason one can't check their watch since the client would think the counselor is getting bored so you have to put the clock in a place only you can see it. He moved the bookshelves for similar reasons.
Emotional Understanding Crystallized intel

According to Frost himself he has the data of thousands of cases stored in his head Crystallized

Observed Oh had his company name tag on his shirt, the fountain pen in his shirt that typically is gifted to well ranking employees, his soles being worn out despite the otherwise good condition of his shoes. So he also deduced that Oh had gotten a promotion
Observation, abductive rsn

Noticed that Oh displayed defensive behavior while saying what exactly his problem is Observation

Compared his counseling to what Othmer said about people being puzzles
analogical reasoning, Crystallized

Could detect Seonga was annoyed by Ohs attitude about taking the test
Emotional perception

Knew what an MMPI and 20 statement tests were and used them
(Crystallized)

Mentioned the Scarlett 'Oh Hara V composition while looking at the results crystallized associative thinking

The contents of both aforementioned test results contradicted he decided to break into Ohs home by using Seonga to distract him
1. Evolutionarily men are more likely to think someone likes them than women
2. He told Seonga what body language to convey, cross her legs but not her arms to show open body language, pull her hair behind her ears, to show the inside of her wrist while smiling, and to use phrases like "personally" or "about you" He also told her to wear a skirt
3. He also mentioned to ask about his workplace since he knew Oh was prideful of it and would talk about it continuously
This worked and paid off as you'll see later on
Tactics Seduction Emotional Manipulation All Strategy Emotional Understanding Fluid Intel, Crystallized Intel, Improvisation SQ

Explained what "snooping" was in relation to psychology, three types of information could be surmised from it
1. What they want to appear like
2. Things that regulate their emotions
3. Traces of unconscious behavior
He was able to glean over the room of the client and infer things.
He observed a few things
1. He took pictures of all girls he has dated, making an album
2. Has a full room of picture of himself
3. There was one image of a woman other than himself in that room
Observation Crystallized Intel

Once Oh appears at his apartment he formally asks to enter. Once hes allowed in he begins to explain that in the 20 statements assessment ones answers usually evolve from social and superficial statements about themselves to deeper ones about how they feel and slowly reveal more about themselves. Here he reveals he intentionally didn't give Oh a time limit of five minutes to test his previous intuition of him being empty.
Observation: It took Oh four times longer than the usual limit to write 20 statements.
Observation 2: The living room is a name tag according to him it's what one wants to show to others. All that is shown here is superficial traits
Combine that with all else we know about Oh at this point
Abduction: He didn't write anything deeper because he couldn't. It was impossible for him to introspect.
Abductive Reasoning, Analogical Reasoning, Observation Emotional Perception, Emotional Understanding

Oh didn't enjoy hearing this obviously so to calm him down he asked two simple questions "If you were an animal what animal would you be?" and the same question but with TV characters "Don't think just answer." He correctly anticipated Oh would be stumped since he hadn't contemplated this before. He then explains this is a common question among teenagers because they have yet to complete their own self image. Through such comparisons one could find who they want to be and self identity. This worries Oh and makes him ask what he should do
Tactics Emotional Understanding Crystallized Intel

He explains that from middle school onwards ones parents tend to disappear from pictures, and once they get married or have kids they reappear however in these albums there were few images here without his mother
pattern recognition

He explains that Heinz Kohut once wrote that a child who receives no sympathy develops a self loving personality, yet the root of the problem is not solved so they seek praise. From this he infers this was the case with Oh. He further explains that parents are a mirror to the child's sense of self identity, a child requires feedback from their parents to help them build an image of who they are. He explains that he inferred all those women he previously had relations with were just his attempt at gaining sympathy which he compares to his room of himself which is sort of like a room full of mirrors

Analogical Reasoning, abductive reasoning, Crystallized Intelligence emotional understanding, emotional perception

He had deduced most of this beforehand which is how he entered. He figured out that the day his mother died was his lock code because most cases like this have the patient simultaneously have a dependent and deficient relationship with the parent. She clearly meant a lot to him yet he still had that desire to break away
Inductive reasoning, emotional perception, emotional understanding

He remembered there were only sixteen images in that album. The last one was the one in his own room, clearly that one held some significance. Pair this with the aforementioned profile it appears she was the one who was the greatest mirror. He then suggests he repair his relationship with her which works
Tactics EU, EP, abductive rsn emotional manipulation, psychological manipulation

Observed that Seonga's disorganized desk indicated that she was scatterbrained Observation EU, EP

He knows how to knit and mentions hobbies are important for stress relief and he enjoys introspective activities
Crystallized, Intrapersonal Intel, Bodily-Kinesthetic Intel

He suggested to Seonga who was looking into Nari, who was reclusive, that she should try an addiction test, when Seonga explains Nari lacked the two main traits he begun to explain such traits which are dependence and withdrawal. Dependence means the urge to do something that increases the more you do it. Withdrawals are pain when kept away from the addiction.
Crystallized Intel

He decided Nari was interesting and decided to counsel her himself. He decided to disguise himself as a tutor given his young looks. When Naris mom asked if he was a language tutor he said yes, when she pointed out she needed math tutoring he adapted by saying he teaches math in other languages
Tactics acting skills improvisation, adaptability, fluid intel

He noticed she wasnt tense and she was making eye contact, he combined that with the anxious responses Nari gave on the questionnaire Seonga gave her. He decided that for this case although he usually avoids dealing with it he should build rapport. He does this by using a few tactics

Build rapport strategy:
1. He peeled some apples and ate them with her which is due to the fact people tend to open up more when they act instinctively rather than socially. Basically this makes her unguarded. He explains this is why sometimes blind dates go out eating first thing and why some friend groups tend to eat lunch together.
2. He decided to ask her a few questions. When she said she didn't mind studying he used something called "back tracking" by saying its quite rare a student doesn't hate studying, essentially repeating back what she said showing she was paying attention while also himself contributing to the conversation to show he's listening
3. He let her talk all about the things she liked which one can usually go on about
4. He used something called mirroring by imitating her actions without making it too obvious as in taking a sip of his drink when she does which subconsciously signals that he's a companion.
End of strategy but shall I continue
To further his strategic approach he noticed that her having no hesitation in regards to talking about school which is rare for people who dislike something to go on and on about it so he decided to ask directly why she refused to go to school
He could tell that he should add on that "If your heart doesn't feel like going, there must be a reason right?" This makes her feel heard and not paranoid about him being sent by her mom or something alike. He also continues the mirroring by acting afraid of a cockroach like she was by distancing himself from the cockroach.
Tactics acting skills sq manipulation strategy emotional understanding, emotional perception Crystallized intel

Once he saw her body language upon spotting the cockroach he immediately covers her mouth because he had inferred she had a panic disorder and had to control her hyperventilation and was about to have a panic attack
Abductive Reasoning EU, EP Tactics Quick Thinking

Shown that he read professor Songs dissertation on the prognosis of schizophrenia saying it's good and she'll probably make it to the DSM-5 when it's revealed he was the one that started the research
Crystallized

He explains there are eight types of emotions joy, trust, fear, surprise, sadness, anticipation, anger, and disgust. That these emotions mix to form more complex emotions and he explains panic disorders overwhelm someone with fear and anxiety leaving them unable to do anything. This can be shown through cold sweat, dizziness,

claustrophobia, or a strong heartbeat of which Nari has been shown to break out into a cold sweat. He had directed Seonga to bring him the data on Nari where he saw susceptibility to anxiety which confirmed his suspicions. He then first calmed her down by using his words and then turned her attention elsewhere by having her count down from 100 by 3.

Observation EU, EP Crystallized Tactics Quick Thinking Leadership

He explains another observation of his which led him to believe Nari has a panic disorder. He explains there are situations where parents such as she avoid at all costs. Where they feel anxious or their heart races be it places too open they feel exposed or places so enclosed they feel trapped which is shown through their unwillingness to take public transport or enter cars. He explains that public trespasses also possess this effect and since he had remembered construction recently started in the area so she would be forced to walk a long way to school. This was supported by her mother's statement that when she went she went really early this was to avoid stares by going at dawn. He finishes by explaining enclosed spaces are nightmares for panic disorder patients which is why he objected to her being moved into an interrogation room.

EU Crystallized Intel Abductive Reasoning Observation Short-Term memory

He then explains the reason he believes she had hidden her symptoms from her family is that on one side of her family someone suffered a mental disorder and that Korea has a lot of stigma regarding counseling where people actively avoid even basic counseling. This observation is supported by how Naris mother asked Seonga whether or not Nari was "weird" showing even she had been influenced by this.

Abductive Reasoning Emotional Understanding, Emotional Perception, Observation Memory

He had shown knowledge that he himself is not most suitable to counsel Nari and he suggested Song himself. He understands that for long term counseling and this situation Song would be better for the patient.

ER Decision Making

Showed knowledge that most panic disorders are nervous disorders which can be treated by counseling, therapy, and medication

Crystallized Intel EU

It's stated he was hired at a bar because he attracts loads of female customers

Charm

He could tell Seonga only accepted Jaeons counseling because she felt she could handle it and gave her some advice "Experiencing rejection has a lot of different meanings." As he knew it applied in this case. He could tell she wasn't getting at the meat of Jaeon's psyche. She asked him if he had been rejected by a girl when in fact he could have experienced another form of rejection which worsened his social anxiety.

Crystallized Intel EU, EP, Abductive Reasoning

He was able to tell that the reason Jaeon's social anxiety had gotten worse was because he was lightly made fun of in front of an audience two years ago at the beginning of the course titled "introduction to psychology" and everyone laughed. He had been humiliated and part of him felt as though he was still being laughed at to counter this Frost had called up professor Oh and gathered everyone he could who had attended that lecture three years ago. He had lied and claimed this was for a longitudinal study on memory he also offered a small monetary reward for completing the survey. The survey included four images, one being Jaeon himself, asking on a scale of one to ten how confident they are that person was there and asking for the impression that remained of whoever they thought was there. This in case it were to turn out well would directly confront Jason's false impression which turned out to be a massive success. He presented the results by saying "I'm sure it felt like everyone was mocking you and they were whispering about you behind your back." And explains that most people didn't even remember he was in that class after reading what Nayoung wrote about him he had even gathered the courage to ask her out.

Tactics, Strategy Intuition abductive reasoning EU, EP
crystallized intel emotional manipulation, psychological manipulation

In the bar he explains how alcohol loosens up ones microexpressions and he could tell a man was being deceitful, and that a woman was excited.

EU, Crystallized, EP

He also explains how body language creates a disadvantage when a man on a date sits at the bar and not at one of the tables since the direction of one's naval indicates who they are interested in. This usually is not a problem however since it's designed for people to

come in alone and talk to the bartender which is why when a man and woman come together they should be seated at a table

EU Crystallized Observation

He quotes professor Chun "Pain is the foundation for growth but if all pain is the same that's when you need a psychologist." When hearing that one of Seongas friends had been in a bad relationship literally every single time. He decided to tell Seonga to inform her of the mirror bar without telling her there is a psychologist there.

Tactics EU VCI Memory Concealment

Eloquently explained the concept of microexpressions to the couple when the boyfriend expressed doubts he showed his ability to read them by naming the emotions displayed one by one. First it was cynicism and then he was flustered. He explains that John Gottman with just five minutes of observation could tell with a 94% accuracy rate whether a married couple would divorce in the next three years. He notes that the moment scorn or cynicism appear that relationship is practically over and that those appeared the whole time on his face

EU, EP Crystallized Intel

He explains he believes she has dependent disorder which is characterized by fear of abandonment or abstaining from holding contrary opinions. Or in this case she displayed behavior such asking about every little detail and having others make decisions for them most of which were being displayed here

EU, EP, Observation Memory Inductive Reasoning

Showed knowledge about what an HTP test is and had her take one which is a test where the aim is to bypass evasion or defense mechanisms. He also understood the questions one asks after administering the test are important. He notices she drew a middle aged woman for the person which is abnormal. For the house she had drawn a house with only a window with her mom and dad inside (which he gained knowledge of by asking who the two people outside were) and a fence surrounding it. He had inquired about where she was and she answered inside looking out of the window. He saw her drawing of a tree and reassured her by saying there is no such thing as a strange drawing in this test.

The house: There was a fence but no door indicating a fear of the world and her parents standing outside could indicate a dependence on her parents.

The tree: The three typically shows how one thinks of themselves this tree had been stripped of all leaves and fruit which leaves it rather bare

The people: The drawing typically shows more of how she views herself and others. Here she said she was mainly inspired by her father and mother

The analysis: It appears to be a simple case of dependency disorder however something that was odd is that in these cases one usually never sees any argumentative or angry behavior which she displayed when asked why she thought all her boyfriends had been so bad. He had found this odd so he decided to inquire further

Decompositional Reasoning analytical thinking, emotional understanding, emotional perception, crystallized intel tactics

To further investigate he scheduled meetings with the boyfriends she had previously mentioned by having Seonga handle this. He noticed a pattern that he looked for by asking when they had started/finished dating Sihyun when he noticed there was very little time frame between the boyfriends which is typical behavior for someone who is just looking for someone new to depend on. He shoots down the idea of BPD because in that case she would have seeked revenge. They all mentioned that a thing that bothered them about her is how clingy she was and that it seemed she lacked free will. He then gets Seonga to guess their next move by asking what is the second axis of personality disorders? That they're chronic and in that case they should meet the parents

Tactics Guesswork EU, EP Crystallized Inductive Reasoning

Could tell Sihyun’s father was anxious about his daughter receiving psychological treatment

EP

Mentions the existence of a critical period and emphasizes how long term the development of personality disorders are and asks the parents how Sihyun was at ages 5-6

EU

When Sihyuns mother mentioned she went sterile due to an injury and so she couldn't have any other children Frost thinks to himself that could be the reason she rubs her stomach when nervous

EU Observation abductive

He noticed Sihyuns mother had a glass eye due to the fact the pupils in the glass eye didn't move at all and explains that one cannot

control the reaction of their pupils combined with how she misjudged distances, her husband sitting on her side without the burn mark, he inferred she was blind from that side

Crystallized Observation Abductive

Explains how in dependent personality disorders there are deep rooted feelings of inferiority and a lack of self confidence which is usually caused by one of three things

1. Over protectiveness
2. Physical disabilities
3. Indifference from parents

From what he had observed her parents had none of these qualities so he had decided to inquire further

EU Decision Making

When Seonga casually comments on something he further elaborates on the idea, most of her ex-boyfriends had a similar feeling to her father and if she is attracted to it it's a possibility that she either likes it which would give her an electra complex or she's looking for something she feels is missing which would indicate her dependent disorder is actually from depending on her father rather than her mother. He combined this with the fact they had been lying to him to decide on their next move. Hypnotizing Sihyun to learn more about her past

Abductive EU, EP Crystallized Decision Making Tactics

He decided to try a retrograde hypnosis he explains to Seonga how foolish it is to believe someone knows themselves the best he clears up the stigma that hypnosis is a mere superstition and says there is lots of research being conducted on it and that it counts as partial evidence in forensic science

Hypnosis:

1. Tell her to close her eyes
2. Repeatedly have her focus on taking slow deep breaths
3. Told her to focus her mind on her lower abdomen
4. Tell her to breath in as much air as she can, hold it, and then breathe it all out
5. He tells her she'll feel all the strength in her body vanishing and that she's slowly relaxing
6. Tells her that her whole body is in a state of peace

Now he instructs her to go back to a year she was still a child she says her father picks her up. Frost comments on this when she then says that her father almost always picks her up since she'll be made fun of if her mom comes. He then goes even further back in his memory. He explains that forgetting doesn't mean the memory

dissappears but rather it's very difficult to recall and that when she is fully relaxed in hypnosis she can recall memories she wouldn't normally. He goes back even further to when she was three he hears her call out for her mother saying she is hungry. She recalls the smell of wood, air freshener, and mothballs at which point Frost had already pieced together that at this point in her memory she was in a closet which he connects to long-lasting postpartum depression which can result in infant abuse by mothers such as putting a hungry and crying baby in a closet. At this point he pieces it all together and calls for her parents to get there immediately

Decision making tactics EU Inductive reasoning pattern recognition crystallized emotional manipulation psychological manipulation

He mentions how most of the time ones memories during hypnosis remain after awakening

Crystallized

He explains how oftentimes people suppress their memories subconsciously to protect themselves from their psychological exterior crystallized

He explains how he inferred Sihyuns mother wasn't actually her biological mother and therefore she wasn't necessarily the one who abused her. He explains how he noticed the incident which caused the mother to become sterile was a full year before Sihyun had even been born which means it was impossible for her to be the biological mother which would mean postpartum depression wasn't what happened to Sihyuns mom so instead she was abused by her biological mother. He used this to piece together that's why her father left. This explains the demonic looking drawing of her father on the HTP as Sihyun most likely subconsciously thought of him as an enemy. Since infants cannot distinguish themselves from others they have no concept of being abused which makes them even more desperate for their (in this case) mothers attention which means that even if Sihyuns father acted for her sake she would see him as having taken away her object of affection however later on his protectiveness over her made her become dependent on him which sunk her hostility into her subconscious. Turns out his inferences had been spot on Deductive reasoning crystallized EU, EP

He explains that instead of a dependent disorder this is a dependent tendency caused by trauma as an infant. He explains that since she had known her own trauma then long term therapy could work and since said trauma was a perceived rejection by a parental figure the

opposite would help such as affection from her parents. He handed this over to professor Song
EU Crystallized Decision Making Long term planning

When he was a child he was a part of something called the "AM project" during this he got rated an AA on both memory and logical reasoning and was the fastest child there at clearing cognitive tasks
Narrative intel

He was already able to read and comprehend dissertations by professor Chun who was already applauded as a young genius by other researchers keep in mind Nambong at this point had never been to school before
Linguistic Intel

He can play a cello and explains that classical music is filled with mathematical symmetry and even a concept as vague as beauty can be defined with strict mathematical balance Musical Intel

Says that laughter and fear share the same emotional root and that by exercising appropriate control over safe fear and relaxation one can achieve the reaction they want and noticed body language details of others in the theater and labeled them with what they signal [I couldn't read that shit but it definitely says it] and explains that movie theaters are miniature laboratories for stimuli and reactions "its a good place for observing when people laugh or experience tension in common"
EP, EU

Once they leave the theater Frost explains give and take are part of the social contract and since Seonga had bought the movie tickets he should give her something in exchange so he buys her dinner
Social Awareness, Social Integration, Decision Making EU

Learns that dogs oftentimes communicate emotions through their tails, like they have subtle means of expression equivalent to facial expressions, he also explains his belief that the name of a dog isn't that important and it's most likely just associated with certain stimuli like Pavlov's bell.
Crystallized

Was able to read a dogs body language to tell it was anxiety it was feeling rather than aggression. He remembers dogs are sensitive to their owners behavior and then hypothesizes that he is anxious due to his owners tension. He then calmed down the barking dog by tilting his head sideways and showing his hand in a fist rather than an open

hand to telegraph his scent, he later once he read signals of calming gently pet the dog to calm him (or her) down further

Crystallized Abductive EU, EP

Decides he wants to use a pen that records for an experiment in the future

Decision making

He notices that Anna mentioned the stalker took something of value from her, he explains many stalkers are highly educated and are psychologically linked to delusional disorder. He further elucidates that stalkers don't choose their targets impulsively but rather they pick someone who appears as though they would obey. This means it is vital to shut it down immediately lest inaction be distorted into a reciprocation of like. Which is a type of delusion. He also puts attention to her mentioning of threatening emails where he asks her if she responded to any of them. When she says that she tried to reason with them Seonga interjects saying that's a horrible decision and explains the partial reinforcement effect. He then further explains by saying stalkers have poor egos so they crave attention even in the form of a distorted relationship. He explains that with stalkers there are two types of relationships with stalkers ones based on destruction and others based on possession. He knows that judging from the fact Anna is a female celebrity and no physical harm has yet been done it is statistically likely the stalker is female.

Abductive crystallized EU decision making

He decides after giving Anna some basic advice to simply inform the police. He explains most stalkers have a common interest of gathering information, which is akin to a professionals profiling and so the most important requirement for safety is control over personal information as such he gives her tips.

Strategy to counter stalking:

1. Don't login on public computers
2. Press record before answering any calls
3. Make good use of cell phone applications like those which have good protective features or send your gps location to acquaintances
4. Save all records separately in preparation of taking legal action
5. Put some mens shoes or underwear outside if she lives alone to scare off any thoughts of dangerous activity by the stalker
6. Tells her to be careful what she throws out as all sorts of things can carry personal information

(Decision making, Tactics, Crystallized Information Control

Was able to detect the rage Anna's manager was feeling at seeing her stalker. He thinks about which action in particular from the stalker stirred this reaction. He explains emotions can be learned, memories that leave strong emotions can cause emotions to relapse when placed in a similar situation even years after. If a feeling is learned this way it can manifest as a reflexive or impulsive behavior. This will be elaborated on later

Information gathering strategy:

1. He had placed the pen with a camera behind a plant
2. He expected a confrontation to occur here with Woojin.
3. So he set a cunning trap, he knew the manager would most likely have a physical confrontation with Woojin
4. This is in the parking lot so it would reach the news however the news wouldn't tell the first story
5. By capturing this he has leverage to speak to Woojin through Woojins manager since he has something that indicates he knows the truth that in fact Woojin had never been entangled with Anna
6. He uses this to learn more about his relationship with the cubic girls and confirm his suspicions.

Of course this scandal would still get her manager in trouble and due to the strong bond between him and Anna she would obviously become concerned. This makes it easier for her to believe the lie Nambong himself set up to treat her. He got the manager of Anna his plan and got him to cooperate due to the diagnosis he made. Which he then explained how subtle delusional disorder is and how strong it was and how he needed to help in order to approach this with caution.

The diagnosis (how he knew his next strategy would work): Anna was in the early stages of delusional disorder, which is common in people who live to satisfy others. In this case she is confusing herself with Sena, her mentor who killed herself, he pieced this together from the following

1. Woojin not having ever dated Anna at all but rather Sena
2. Woojins facial expression on the angle that could only be captured by his pen was one of immense fear or rather terror. This emotion was too strong to be simply fear of scandal but rather as if he was talking to someone crazy.
3. He overheard two reporters who are usually up to date on such scandals talking about how they missed these supposed rumors.
4. He skipped over the details but as he explained earlier "which is common in people who live to satisfy others" This fits Anna perfectly especially since she entered the entertainment industry from a very young age.

This chains into his next strategy

Therapy Strategy:

1. He made her manager tell her that he got off with a slap on the wrist due to the publicity the scandal generated around Anna
2. Say she even got an offer to be in a movie that reflects on her current situation.
3. He had the manager lie to her and say that since she's inexperienced and has to improvise she needed help.
4. The people at the agency are all busy so this gives Nambong an excuse to include himself, Seonga, and Lena (Who he easily got to agree to this)
5. He explains the plan to Lena and the manager the key to this is if she wants to be Sena then to give her a chance to become Sena in order to bypass her delusion using psychodrama
6. He gave himself a pretty important role to supervise some key scenes ending it with having her introspect and realize her own differences with Sena

This strategy works MAGNIFICENTLY. Immediately effective, in fact I believe he had suspected this from the beginning of the arc before doing anything, he went to an Anna concert and volunteered to teach a class when she enrolled into Yonggang university. He even said that if anyone wants help with something to ask him, which hooked her in.

Emotional Perception, Emotional Understanding Anticipation Intuition Triangulation, Emotional Manipulation, Logical Manipulation Observation Hot Reading, Acting Skills, Information Gathering Tactics, Decision Making, Planning, Strategy, Crystallized

He explains how Anna taking up acting is therapeutic for her as it's like tapping into her therapeutic prototype, he also reveals he knew there was never a stalker and she was delusional from the start of counseling, her statements were very inconsistent and seemed to be a mix of many profiles of stalkers and he combined that with some reports of stalking being a delusion to arrive at that conclusion. "An experienced counselor can certainly suspect its either a delusion or pathological lying"

EU, EP Perception Abductive Crystallized

FLASHBACK ARC FEATS:

NOTICE: We are nearing the end of season one this is the final arc, a flashback arc.

Feat that goes throughout the entire arc.

Nambongs long-term memory: This entire flashback takes place in Frosts college years, since he is thinking about in the present. He remembers even as far as to remember the exact lines he told Seon when he first met her, he remembers the series of events well enough so that he can treat Seon appropriately in the present, which is confirmed as correct by Seons behavior in the present (more on this later.)

He takes a look at Seon Song's experiment design and compliments it. He gives her some further advice.
Songs Problem: She needs to start her survey with a nudge in order to get honest responses, but this seems crude to her
Frosts Solution: Disguise the nudge as a part of the survey. He explains this by saying that if she doubles all example incomes it will nudge them to assume they are part of a lower income bracket.
He then gives her some more formatting advice
EU, Setting Traps, Fabrication, Psychological Manipulation Fluid Intel

He worked with Seon for a project that eventually gained government funding (Narrative, Crystallized

He noticed Seons sister Seol had self inflicted harm marks on her wrists, her change in behavior from building him up based off what she heard to calling him a quack, extreme shifts between idealization and devaluation, using the word insult, feeling uncontrollable rage.
He notices it's such a typical case of borderline personality disorder he wanted to apply some clinical theory
EU Abductive EP Crystallized Observation

Even though this appeared to be an open and shut case of BPD he still decided to run a few tests like the sentence completion test. He then explains the term contaminated in regards to psychology as meaning a patient has already been exposed to certain evaluations and knows a fair bit about them. She got carried away explaining how she's been through it all when she shows a drawing of a tree she put on a cover. He then explains in the Baum test ones level of artistic skill is irrelevant to the interpretation. He noticed the extra importance of a drawing on a cover before noting the roots and the shape of the branches. Upon which he describes her as having a hard time dealing with reality, feels she is very weak, and has a strong desire for affection
EU, EP Crystallized Decision Making

He explains BPD is characterized as usually having an extreme fear of abandonment by others like DPD. Unlike DPD which responds to the fear of abandonment with pleasing them BPD usually responds with expressions of rage and demands that go beyond reason. If they detect sympathy with their weak sense of dignity their ego will be drawn to that person. To maintain this relationship they give endless compliments and praise, but if the second party tries to distance themselves even a bit the patient explodes with rage. This applies to many relationships, so patients often have short frequent, he compares this to a parasite constantly changing hosts. He notices she calls him, her counselor, by his first name, and pointed out other seductive behaviors akin to Histrionic Personality disorder. He compares this to applying mathematics after having only learned equations.

EP, EU Analogical Reasoning Crystallized

Upon remembering hearing Seon Song say Seol is the black sheep of their family explains Whitakers black sheep theory that the biggest effect on emotional disorders is family environments. This is more difficult to deal with in Korea where family therapy is hard. If there is a fundamental problem in the family then the person with a psychological disorder is known as the black sheep since they are used as a scapegoat for the problem. Problematic behavior of a black sheep reflects the fundamental issues of the family but most people misidentify this and only blame the black sheep

Crystallized EU

Noticed Seol mentioned her sister first not her parents when asked about family, which may indicate Seons suspicion of a superiority complex is correct. He further explains this question when asked by Chun saying that he couldnt perform many basic psychological tests as she is a contaminated patient and that the order she brought up family might provide a clue to her unconscious resistance. If most basic tests have been already performed by previous psychologists he should approach it at a broader angle. So even if family therapy is difficult he needs to obtain similar data. After this was over he wrote down for Chun to see the counseling session verbatim

Observation decision making tactics memory

Decides to tell Seon that he wants to join a project with her even though he wasn't too interested in it to gather information about Seol, asking her out for a drink

Decision Making Quick Thinking Information Gathering, Charm

He explains with BPD it's usual that someone in the family has a similar mood disorder. One of the parents may experience similar symptoms or depression for this case he assumes Seols mother. People typically know the mother who scolds you and the mother who love you are the same person but if the behavior is excessively volatile it may leave emotional turmoil. Causing the child to judge things extremely in black and white, failing to see both positives and negatives. In BPD this applies when the patient looks inward causing a weakened sense of dignity and a split sense of self leading to issues maintaining relationships. From this he infers Seon may have a similar problem as a white knight

probabilistic reasoning Crystallized EU EP

When he rushed to Seol and saw she was safe he immediately pieced it together that she was using threats of self harm/suicide to have his attention and have him come running to her

Quick Thinking

He compares his situation to that of a man Gage whose personality changed entirely after head trauma. He tries to empathize with Seol by sharing his earliest memories of being part of an experiment where some of his emotions disappeared

Analogical Reasoning Crystallized

Understood Seons reaction to Frosts handling of the counseling and called it textbook

EU Crystallized

In Seols art room he looks at what she has drawn to find three things by using snooping

1. An assertion of who she is
2. Devices for controlling emotions
3. Traces of repeated behavior

He highlights the importance of [what] she draws

He compares his lack of emotions to someone who can't smell or taste anything describing how he can still feel some emotions like excitement, anger, and irritation

Observation Crystallized EP ER Analogical Reasoning

Noticed she opened up easier while absorbed in her work and slowly made her more emotionally stable

Emotional manipulation decision making

Explains that her "sun" was in fact Seon which explains the inferiority complex and how she often acted out when her sister was

abroad and how Seon always had to act perfectly. Which he could tell from the multiple paintings of Seon in Seols closet

EU, EP

He explains Seol probably got to attached to Seon because she saw her how she was. He further elucidates that attachment begins with acknowledgement but the basis of obsession is possessiveness and the reason Seol stole all of Seons previous love interests is because she didn't want Seol sharing all of her love, and that her suicide attempt was to control her not him

Abductive EU EP

Ultimately Seol Song had killed herself after seeing her sister badmouth her and leaving before the compliments, and due to leaving their phones off during an event her attempt to call Seon didn't work. This was not directly due to Nambongs errors but since Seon overheard Nambong speak about Seol coldly like an experiment and a lack of grief she started blaming Nambong for her sisters death as a coping mechanism, Nambong understood it and healthily played along

EP, EU, EM, Psychological Manipulation

SEASON TWO:

He hears of a movie Anna has been included in which closely reflects his own first case. The therapist and patient both assimilate each other's problems; he quickly labels this transference and countertransference, correcting Anna about it being assimilation. He gives an example, a man without a father associates his counselor as a father and seeks love from him. Countertransference is the opposite say a counselor had mother issues, he might see a middle aged woman and equate her to being his mother. He explains that since this is such a great issue it's not too ridiculous of a story

Crystallized

He explains method acting as the actor having become so absorbed in their role they basically become their character. He them brings up the stanford prison experiment, where twenty four students were randomly assigned roles of prison guards and prisoners in a model prison, it shocked the public by how excessively the students adapted to their roles and the experiment was stopped after a day, he notes this. The participants were called by their prisoner numbers which makes them feel a sense of belonging showing the importance of titles in someone identity. In a sense the way the actors can only be called

by their character names is method acting and connects to this prison experiment. (Analogical reasoning, EU analysis, crystallized)

With his background knowledge of Anna's exposure to delusion and her odd behavior on set he could quickly piece together that she was being hypnotized, here he even intentionally called Anna by her name on stage to oppose this. He compared method acting to intentional delusion which Anna would be more sensitive to. This suspicion leads him to watch the delusion one of Director Parks previous movies where the lead actress died in a similar way to her character in the movie, he hypothesized perhaps she failed to escape her role. He stuck with this hunch even with the knowledge hypnosis strong enough to make one die is impossible and that the likelihood all actors in director parks films are susceptible to hypnosis is unlikely. When Anna told him about the audition he realized it contained a hypnosis susceptibility test immediately which confirmed his suspicion there's something fishy, he says that if director Park always chose actors who are susceptible to hypnosis then even if hypnosis did not directly cause that death he could still drive them to a deep stage of internalization
(Connecting the dots, perception, observation, EU, Crystallized, intuition, abductive)

He takes the Assistant director to the bar his reasoning is that she has been with the director since the beginning so if anyone can tell how he operates it's her. So he does this to better observe her, he notices two things in 0.2 seconds
1. Momentarily enlarged pupils
2. Her mouth being pulled sideways
From this he can tell she is anxious about something
He proceeds to call her out on her fear. She then changes the topic as he said to not having a counseling office set to film in where she asks to film in his office, he accepts this.
(EP observation decision making)

He decides to directly ask to see the making of film, she declines but he knows that she knows why he asked since she didn't even ask the reason. He knew he was onto something so he asked the man behind the making of film to see it. He convinces Mincheol into letting him watch it by bringing up Sungmi Yoo, who he reasoned was close to Mincheol before her death. He persuaded Mincheol to let him see it, after seeing it he immediately tells Seonga and Mincheol to call the police (snitch) he did this not only because he saw an anxiety reducing drug being given to Seokjoon which he knew was Amytal Sodium, also because he observed there was no cut-off signal. He

explains a cut off signal is a signal for someone to come out of hypnosis which is completely necessary. In cases of an inexperienced hypnotist they sometimes overlook this and the hypnosis dilutes with time however since this requires time a cut off signal is vital unless it is light hypnosis. The most commonly used cut-off signal is "You will wake up when I do so and so," He provides an example. He notices the script had changed for the movie "Persona" then rushes to help Anna since as explained earlier she has a history with delusions and the directors acting coaching is similar to hypnosis, he connects this to being too deep into the role and the script change included Anna's character being stabbed. He observed that something was off with the knife props and then immediately deduced it was Seokjoo who was in danger instead which he stopped by grabbing the knife which cut his hand he then broke a pattern of the hypnosis which didn't exactly break him out but by calling Seokjoo his real name to break immersion which created a crack he opened this crack by saying he had an impressive performance which implanted the thought this was all just a thought in his head, this quelled the problem since the director outlashed making the assistant director yell out the directors crimes. He explains that acting is like autosuggestion and that the problem is very few people help the actor come out of the role compared to entering which can lead to some issues, this is why sometimes the actors will receive psychological counseling.
(Decision Making, EE, EP, EU, Tactics, Emotional Manipulation, Psychological Manipulation, Direct Manipulation, Crystallized, Persuasion, Negotiation)

He hears Seonga accepted a case with a junior she knows who has suffered from insomnia and he inferred what Seonga had done wrong and corrected her mistakes.

1. The patient suffers stress from finding a job
2. The patient has older siblings who both got jobs at big companies
3. His father is a director at a major corporation and his mother is a professor
4. He spent a year retaking the SATs because he suddenly became ill the day of the test
5. He eventually became a student at Yonggang university

He inferred the possibility that premise number four had been due to somatization which he explains by using effect between one's mind and one's body he explains that it's common for people who are physically ailed to become depressed somatization is the opposite where one experiences physical problems due to anxiety, pressure, or more complex psychological reasons, an example of such would be IBS (irritable bowel syndrome), with this case having his entire family being of elevated status and the pressure of entering Yonggang

university and get a good job applies pressure, and his failure to perform adds even more pressure in this case the very reason why Seongas treatment had been failing was due to the insubordination of Yoogun himself, his insomnia was definitely real but he failed to overcome it because deep down he didn't want to overcome it. He wanted to shield himself with his problem from the pressure.

He then

1. Confronts Yoogun himself and explains he was the man behind the decision to stop Seongas counseling
2. This leads Yoogun to confirm Nambongs suspicions by showing two microexpressions, a slight smile on his face, and a look in his eye.
3. Nambong explains what's going on with Yoogun which is correct so it resonates with him
4. Convinces him to give counseling with Seonga another try.

This next part is my personal interpretation but the reason he stopped Seongas counseling instead of just changing it is to make sure that Yoogun makes a decision to go visit Seonga of his own volition and decide he wants to get better. [God damn I wrote allat for one of the shorter arcs]

(EU, EP, Observation Crystallized Tactics Decision Making Persuasion, Emotional Manipulation, Psychological Manipulation, Abductive reasoning)

At the library he was reading, I count, twelve books at the same time, assuming he maintained a normal reading pace this would make his PSI twelve times normal, though I don't mind if you disregard this feat due to its vagueness he has far better CPI feats anyways

(PSI)

He noticed a few girls looking at him from a fair distance (I estimate 5-7 feet by intuition) and spotted Seonghyun Moon's name on one of the books.

Observation

As a child he noticed some microexpressions on a lady at the library though his interpretation of them is never stated so it's just an observation feat

(Observation)

He noticed some of the books he read had this name "Seonghyun Moon" he then remembers some other books he read, he spent a few moments satisfying his boredom by looking for that name in the books at the library reasoning out which he has read like

"If he read A and he read C then he should have read B in-between them" he hypothesized about their interests and got it right as is

confirmed when he walks away and Moon picks up that book, he simply got to it too early, he reasoned that part out after figuring out he was Moon.
Probabilistic reasoning Memory

He explains Desmond Morris' life briefly including his birth year, university and degree, and summarizes the main ideas of his books comparing humans from both an evolutionary psychology and zoology perspective, he made a good contribution to human gestures and evolution and named some books [Bodywatching] and [The Naked Ape] as good examples of an observational study
(Crystallized)

He explains in cases where drawers are a mess or opened randomly you can infer the person is either a beginner or not a burglar from experience where it's revealed he used to be a profiler
(Crystallized Experience)

He was able to perceive and understand Seon’s emotions regarding these threats based off this alone
1. She is reluctant and does not want to hand over records of her patients
From this he infers that the reason she is reluctant is because she believes herself to be at fault since this was her own patient. He then calms her down and gives her advice that if she really doesn't want to involve the police that she should look into it herself. He gives her this advice based off the following observation
1. The 2001-2003 drawer was physically forced open
He combines this with the apparent motivation, if the patient suffered from paranoia they felt as if Seon was putting them on blast, therefore they actually wanted to take away a record. 2001-2003 was the time period that she was studying under professor Chun therefore those files should be saved in his hard drive. So she can find who it was by cross-referencing those lists
(Decision Making, Interpersonal EM, EU, EP, Abductive Reasoning, Inductive Reasoning, Deductive Reasoning)

He checks this and then finds out the lists match completely, he then takes another approach to the problem, this patient had symptoms of paranoia so he creates a list of disorders that produce such symptoms
1. Delusional Disorder
2. Serious Depression
3. Schizophrenia
4. Senile Dementia
5. Othello Syndrome

6. Borderline Personality Disorder
7. Antisocial Personality Disorder
8. Bipolar Disorder

His reasoning is that he can cross out BPD and antisocial personality disorder because while the resentment lines up it would indicate more anger management issues as opposed to paranoia, six left.

He further removes schizophrenia and senile personality disorder as the threats are incredibly consistent four left.

Now it is between Othello Syndrome, Severe Depression, Bipolar Disorder, and Delusional Disorder with this and the time period he narrowed it down to about 10 suspects. He then gives Seon an emergency button to press under her desk because she decided to continue her usual counseling. He then notices a letter directed to Seon by the individual who was threatening Seon saying "It looks like you don't remember who I am." This changes things as now he can profile that the feelings were not resentment but rather a signal asking "remember me" with this he remembers that back when Seon was in the states for an exchange program when all her patients were transferred to another counselor, meaning she might not have had those records to begin with meaning that these records must be with Chun. This narrows it back down to five suspects, he then narrows it down to one by comparing records written by Seon and Chun, Chun writes this man as being too attached to previous counselor and Seon writes that they established a good rapport. He uses this to further explain this behavior by the stalker, Seon failed to create enough distance due to inexperience. Chun attempted to use this attachment in a positive way so Frost hypothesized that after counseling ended he still viewed his relationship with Seon as special now instead of being angry he wants to confirm whether he is still an important person to her.

(EU Deductive, Abductive, Crystallized, Divergent Thinking, Convergent Thinking, Contingencies)

When Moon told him someone was going to kill themselves Nambong paid attention to his words "come all the way here" from this he infers that they weren't a student, he assumes this means they are a highschooler, so he asks around about a highschool student and then tries to tell the guards someone will kill themselves jumping off a certain building, unfortunately he was too late

Quick Thinking, Abductive Memory

He explains a psychological autopsy to be an investigation as to why someone would commit suicide by talking to family and friends and looking at personal records, he also explains that despite Korea

having a high suicide rate psychological autopsies are still in their infancy there for several reasons (Crystallized)

He goes to the funeral and notices many people are directors from major companies, he uses this to infer her parents were of elevated social status
(Abductive)

He explains that the biggest reason for teen suicide isn't grades but rather relationships, the groups a teenager is a part of is a big part of how they perceive themselves which is why they take such things so seriously. He also recognizes Jeonghyun from memory and recognizes him as a student in Yonggang university, he also explains how suicide is contagious.
(EU Crystallized Memory)

He fabricated police permission for a psychological autopsy and shows the school he gathers this information
1. She was popular
2. Her grades were dropping but she was aloof about it
3. She recently started skipping studying and kept telling her friend she was busy
4. When pressed on hiding something her friend revealed she had actually one time mentioned needing money
5. He found a nametag in her desk
He connects that since she needed money, stopped attending evening study time, and that name tag she probably had a part time job
(Fabrication, Information Gathering, Abduction)

He decided that he should seek permission from her parents to be able to gather information more effectively, he persuades them by saying how important a counselors relationship with a patient is, he says that this is for Jungyeons sake and gains in-group favoritism by sharing his first patient had committed suicide. He explains that this is because people who have had extreme experiences seek a place to lean on, like in group therapy people speak to each other and withstand their own traumas with group therapy.
(Persuasion EU Crystallized Emotional Manipulation, Abusing Weaknesses, Decision Making)

After getting her belongings the first thing he did is click the letter [s] on the search bar and he saw several terms with suicide pop up.
(Decision Making Information Gathering)

He looks at articles she saved about celebrity suicide, he explains what the Werther effect is, he explains it's namesake and how it inspired many young folks to commit suicide, he also gives an example of when a celebrity commits suicide it can make some people who identify so strongly with them they might commit suicide in imitation. He also says that suicide is highly contagious and thinks of the possibility someone around her committed suicide.
(Divergent Thinking, Crystallized, EU)

He confirms she had a part time job by looking at an app on her phone that tracks her menstrual cycle, apparently lots of girls in Korea at the time used such apps to keep notes, he found a note with a number that was apparently designated to a manager. He tells Seonga to call this number, there is also a pattern in these notes which he recognizes to be an astronomical term. "NGC 3621" He hypothesizes it was someone ID which was right, the ID of someone he remembered seeing at the funeral.
(Memory, Divergent Thinking, Intuition, Crystallized)

He asked the victims' workplace if a Jungyeon Kim had worked there, they said no and he knew they were lying because they had a minor working without parent permission. While contemplating whether or not to make him talk he spots Joonho in other words NGC 3621. He decides to confront him about the autopsy
1. Joonho had an expression of rage
2. He used the term you people
He can also perceive this rage wasn't necessarily directed towards them as individuals.
He also gave his business card to a student he asked before in case anything popped up and he was given this information
1. Before entering highschool she was quiet and depressed
2. While she was gonna mention something else she hesitated
He assures her anything helps
3. Jungyeon had attempted suicide twice before in middle school
He explains that a history of suicide attempts is vital in psychological autopsies, he compares thoughts with paths as you walk along and a path forms one tends to continue thinking in that direction if one has previously attempted suicide then even a small trigger can make one commit to it.
They also found a movie directed by Jungyeon on her phone, he inferred it was directed by her before it's completion because the backgrounds in the movie matched the places in the notes. He also infers her money problem had to do with equipment. He decides to then check the last number she called right before her death which was the national student short film festival from this he inferred the

trigger was a feeling of frustration he can tell this is the trigger even if it may seem small, he then tries to infer from her committing suicide at Yonggang university he know the place is vital like in the case of women they may avoid jumping to their death for fear they may look hideous immediately after their death but there are also cases they intentionally do so to leave a strong trace of their spirit of revenge. Remember NGC 3621 he used this name to profile Joonbo perfectly

1. His name projects what kind of person he wants others to think of him as
2. NGC 3621 is known as the lighthouse of the universe
3. He believes adults are the reason Jungyeon died

Conclusion: He wants to help others so he infers he helped Jungyeon before when she attempted to commit suicide and the image of a mentor to kids his age or younger is the image he wants to portray With this psychoanalysis he can persuade him to help by saying they are similar, implying that's how he understood, and saying that this will help Jungyeon

(Memory, Observation, Information Gathering, Decision Making, Abductive Reasoning, EU, EP, Analysis)

He meets with Joonho and Hyemi and explains that what Jungyeon was experiencing was tunnel vision, a common characteristic among people who kill themselves, it is a distorted way of looking at things where they believe suicide is the only solution to their problems, this is called tunnel vision because of the similarity to a person who only sees the light at the end of the tunnel as an exit. If a person suffering from intense stress or intense frustration ends up with tunnel vision and obsesses with the thought of suicide it would not take much for an impulsive suicide to take place, since Jungyeon had changed when she focused on a goal she most likely had incredibly high expectations for herself, and as such when those expectations were not met her disappointment was equally as great from this he tries to infer why she had chosen Yonggang as the location at first he hypothesizes about revenge towards her parents but then shuts that down after remembering a message she sent to her brother, Jeonghyun, she most likely came there to tell him something from this, after almost finishing the psychological autopsy he decides he has to help Jeonghyun when he finds an end of credits scene, at this point Jeonghyun had decided to end his life because of the guilt he feels, Nambong persuades Jeonghyun otherwise by disproving his perception of what Jungyeon thought about him. He did this by showing Jungyeon the short movie she directed, at the end it uses music written by Jeonghyun and says it is the story of her and her brother showing she

didn't actually resent her brother at all. He also inferred from this that she meant to show him this before anybody else
EU, Crystallized, EP Persuasion, Emotional Manipulation, Decision Making Quick Thinking

He cites statistics that the amount of people suffering from depression is usually increasing around Christmas time
EU Crystallized

He remembers back when he had first gotten his monster cube (Rubiks cube) He had shown signs of slight autism and short term aphasia, he remembered details like the wall which said "Psychology for everyone foundation"
Long Term memory

This is the part where it is revealed he had known all along that Seons hatred for him had been a coping mechanism, we already discussed this however it's worth noting that this is where I got it from
EU, EP

His subconscious was able to predict himself not being a professor in the future which is absolutely insane since it means his cognitive faculties were so sharp they could predict a part of Moons plan as it was unfolding
Anticipation

He decides to resign from Yonggang university in Seons place by taking credit for the finish of Jeonghyun's counseling and his collaboration to prevent Seon from entering Moons grasp. This Is a good engagement feat as it's been shown that this job of his is his life, he's slept there several times and has been shown to think about psychology in all aspects of his daily life, this would be taking away something he previously acknowledged as a perfect way to put his theory he had studied into practice, this would ALSO be taking into account the fact that he wouldn't be able to see Seonga for a hot minute after, at this point he had formed a solid bond with her and even planned to have her study under him in graduate school
Quick Thinking EE, EM, Decision Making

SEASON THREE:

DISCLAIMER: Massive spoilers of course but the entirety of season three takes place inside of a coma that Nambong was in so this all takes place in his mind, some may still find these feats valid some might not I personally do but you do you, I count them as his thought processes are shown and are valid, and spoilers in this coma he guilt tripped a man into killing themselves, while his intention was to harm he didn't want to succeed this much, which shows he isn't unconsciously warping the dreams to make himself right or anything like that.

He inferred what a man was in the ward for he immediately shut down psychotic disorders, he considers bipolar disorder since he's incredibly talkative, he then infers he is an alcoholic

1. He had slight hand tremors
2. He talks and acts without any signs of disorders
3. Looks down on other patients as if he is different from them

This kind of attitude is typical of patients in protective wards for alcoholism

(Crystallized, Observation EP, EU)

He was able to tell his pills were for psychosis disorders when he had shown no such symptoms instead he recommended lithium or depakote

(Observation Crystallized)

Dr. Fater mentions that instead of him not feeling certain emotions it is more akin to him being incapable of expressing them which means they are bound to explode all at once, he also took the approach of making sure Nambong understands here he is simply another patient, this is a self understanding feat as this is all his subconscious, which means he understood himself on some level and when he came out even on his conscious level he also took a good approach to this

(ER, EU)

Was able to diagnose another patient there with Akathisia which is a very common side effect of some psychiatric medication, it is characterized by the incapacity to sit still and is constantly trembling or shaking. He explains this is easily treated by propranolol and advises the nurse of this by using an example a patient one committed suicide from Akathisia explaining that patients are scared by even the mildest of side effects, he manages his emotions well when Nurse Jang outlashes at him that he should just accept his role as a patient, nurse Jang took his advise and informed the patient which provided the patient lots of relief

(EU Observation, EM, Crystallized)

Again with Fater, he explains the difference between psychotic and neurotic symptoms

Psychotic:

Things like delusions and visual or auditory hallucinations which impact reality testing

Neurotic:

Any symptoms aside from psychotic ones for example people with symptoms that impair their daily life also can be admitted

People with addictions can also be admitted as it separates them from their addiction

It is possible to treat neurotic symptoms with counseling and psychotherapy however psychotic symptoms require medication, Fater realizes Nambong is not wrong about his request but he doesn't want to reinforce his behavior as more than a patient he decided to change them but attempt to keep his authority

(Decision Making Crystallized)

He starts having hallucinations, Seol this time is the embodiment of his subconscious. They are shown contemplating his hallucinations.

1. When did this start

Conclusion: When he began acting out and exhausting himself

2. Which came first auditory or visual hallucinations

Conclusion: Probably visual though they could have been simultaneous

3. Hallucinations are main symptoms of psychotic disorders, am I having signs of early schizophrenia?

Conclusion: No my main diagnosis is major depressive disorder if I'm having psychotic symptoms that means it's MD with psychotic features

Seol then starts bothering him which ruins his concentration

This is VERY impressive processing speed because it means he and his subconscious have different lines of thought which means that be can multitask, I didn't do the research on this but someone else did so.....

https://docs.google.com/document/d/1jXMUz-ZHkRJ4gzpNz0lUvvdSqVC0zO5hOnN84bfXDTE/edit?usp=drivesdk

And because he was comatose his cognitive abilities had been impaired meaning he could likely process things even faster still while awake so.... if the neuroscience doesn't check out then please tell me, I'm no neuroscientist

(Divergent, Convergent, Crystallized, PSI, Quick Thinking)

He starts to ponder if there have been any cases where someone hallucinates something so specific, when a patient drops down foaming at the mouth and having a seizure, Seol, his subconscious had been aware of this and was signaling to Nambong. Nambong quickly adapts

and puts a pillowcase in his mouth as when someone has a seizure there is a risk of them swallowing their whole tongue he tells Nurse Jang to clear the area he starts to think intensely as to why he was having this seizure when he has an epiphany

1. They were feeling sick
2. They had dry lips
3. Symptoms of dehydration
4. Lack of sodium
5. Seol had been dancing which while counting as his intuition he did not directly know the meaning of he can interpret it and he chooses to think Seol had been signaling Chorea
6. The patient had been taking medication while looking at his memory he observed the pills and considered they could be taking lithium

Conclusion: This was acute lithium poisoning he then takes this diagnosis and asks nurse Jang how long he had been taking lithium when she says two years he orders her to bring him some normal saline to get him hydrated

This had all happened incredibly quickly and again with the cognitive multitasking

(Formulation Speed, PSI, Quick Thinking, Decision Making, Inductive Reasoning, Observation, Memory)

He knows lithium is a very common psychiatric medication and that it is used for an Incredibly wide range of disorders such as bipolar disorder, but when patients take too much they get symptoms such as nausea and muscle contractions like in Chorea. In severe cases this can cause seizures and even death

(Crystallized)

Similar to Fater’s feats the nurses discuss the MSR and some misconceptions surrounding it like it's used for punishment when in reality it is used to temporarily separate the patient from hurting themselves or others

(Crystallized)

Fater shows knowledge of the alcoholics anonymous treatment program he also shows knowledge that alcoholics typically have very low self worth but very high self esteem which makes it hard for them to create meaningful relationships with others but since the AA treatment consists of alcoholics helping each other with no counselor present it helps people with similar problems rely on each other and that's why he started a 12 steps program to help four alcoholics

(Crystallized, EU)

He attempts to hide his hallucinatory symptoms to be able to clear up his thoughts while he is in there since Seol is his subconscious this is a chance to clear up some thoughts he hasnt processed yet. He recognizes the camera only records reactions so all he has to do is watch how he acts, he also knows his roommate being someone who won't speak out on his hallucinations and he also considers the possibility of just speaking to her in the bathroom with no cameras since they try to protect patient privacy
(Observation, Tactics, Information Control, Concealment)

Fater mentions addiction is also known as the illness that lies because it constantly makes people lie both to themselves and others
(EU, Crystallized)

He can immediately recognize the kid who's his roommate is on nurse Jangs good side
(EP)

He recognizes that a man, Chunbae Kim, is an alcoholic which explains why he disregards and mistreats others because it makes his low sense of self worth feel better. Which is why alcoholic patients often take advantage of patients with poor social skills in protective wards
(Crystallized, EU, EP)

He saw Chunbae stealing a juice box from his roommate, Seol, his subconscious recognizes that right there Frost wanted to kill him. Seol tells him that this is another one of his emotions that he was so curious about, he also begins to question why he felt so much rage at this moment when he didn't when Chunbae mistreated other patients. This is a plot twist revealed much later on but the kid that got mistreated is actually past Nambong this means that in his coma he was sorting out his emotions which were being held back for so long, this makes it impressive management.
(Emotional Realization, EM)

He has a conversation with Fater after nurse Jang informed him there was a chance Nambong was hallucinating as such they have a conversation where Fater tries to gauge any symptoms, this is a feat for Frost either way so let me explain the process
Fater approaches Nambong, firstly Fater tells Nambong he changed his medication last time signaling he knows about the hallucinations Nambong figures out this signal, Nambongs response was slightly slow which would match up if he was having auditory hallucinations as it would be more difficult to focus. Nambong profiles Fater as sharp and observant and says that Fater will look for signs of thought blocking

phenomenon, Fater considers Nambong may be hiding his symptoms but is careful about thinking such things. Nambong takes extra care to maintain eye contact; they both think about whether to trust or not to trust the other, Fater gauges him some more by asking what his main field of research was. Fater observed a slight movement in his eyes and decided to ask straightforwardly if he was having hallucinations. Frost just tells a bold-faced lie and says that if he was experiencing such symptoms Fater would be the first to know.
Fater decides to let this slide
(Observation, EP, Risk Assessment, Concealment, Information Control, EU, Verbal Deception, Setting Traps

He sees and can immediately tell that Chunbae's wife is similarly problematic to him, he even says that alcoholism is the illness that lies, this extends to their families. He told himself emotions are a stream of water sometimes he just has to float in them. He decides to manipulate Chunbae to make him miserable. He says that he will teach him just how easily ones mind can be broken
He decides to gather information through a conversation. He gathers the following

1. There is quite a gap between his self worth and self esteem usually somewhere between that gap a crack begins to form
2. He tells lots of stories about his father perhaps he's fixated

Background knowledge: Most alcoholics come from alcoholic families or vice versa, they cause members of their family to become alcoholics as a way of alleviating the stress.
Inference: He inferred that his father was most likely also an alcoholic. He also noticed his wife had trembling hands and dehydrated lips so he both as Fater and as Nambong infer that she is also a heavy drinker.
Manipulation of Chunbae Kim: At first he provoked him by saying his wife might be worse than him but what's more concerning is his son, who might end up just like him the same way he ended up just like his father, this provokes him and starts a fight. By saying this he plants a seed in Chunbaes mind and he knew his wife and son would be making It out around the time he's getting pummeled this makes Chunbae ever more concerned his son might end up like him.
(Insanity Inducement, Probabilistic Reasoning, Observation, Information Gathering, Emotional Manipulation, Guilt Tripping)

As Fater: He infers Chunbaes family is incredibly dependent on him which worsens his alcoholism as a result of attempting to live up to these high expectation
(EU, EP)

This time again he infers Chunbae had attempted to commit suicide from his provocation. He observed a lotion bottle on him and smelt alcohol which shows he probably snuck it in and he combined that with his previous knowledge of his mental state this time he was quick enough.
(Abductive Observation)

He gathers the courage to admit there is something wrong with him and that he needs help
(EE)

He saw a teenage boy sweating bullets and on the floor, Nambong can tell this is not a seizure but rather a flashback by asking him what he sees and what he hears from this he also infers he has PTSD.
(Observation, Abductive rsn, Crystallized)

He explains PTSD as a disorder people develop after experiencing trauma usually disturbing events like warfare, car accidents, sexual assault, and child abuse. Symptoms of this include anxiety, depression, sleep disorders, and sometimes even memory loss or phobias and a flashback is when one vividly relives their traumatic experience, this symptom is incredibly rare though so even experienced doctors or nurses might not know what to do, he knows what to do however and decides to ground him in reality by grabbing onto his ankles and asking him what he feels on his feet reminding him of his location.
(Crystallized, EU, Tactics, Emotional Manipulation)

He as Fater explains that Yeonshik is most likely experiencing severe feelings of guilt as is usual with most cases of PTSD
(EP, EU)

Fater interprets what Nambongs subconscious, Seol, is saying and asks the right questions. Asking if she resents him and pointing out she was most likely using threats of self harm to control him and accidentally succeeded in killing herself, he asks her if she believes Nambong is responsible for that, digging into Nambongs subconscious, Seol responds that she died because her counselor was incompetent. This was enough to let Fater infer that Nambongs hallucinations were caused by his delayed sense of guilt Fater explains the concept of delayed emotions and it's effects. Fater then decides to ask Nambong for his professional opinion on Yeonshik, as they both have similar problems he decides to let this work as a sort of group therapy while he himself watches over it
(EU, ER, EP, Crystallized, Tactics, Emotional manipulation)

Fater decides to also try some exposure therapy on Yeonshik and explains trauma as a sort of spill, one usually avoids thinking about such things which is like covering a spill with a blanket which is necessary sometimes but eventually one needs to overcome and examine their memories. This is the basis of exposure therapy when one begins at more manageable levels of reliving their trauma and slowly goes up and up as the patient gradually feels pain, like going from text to images to videos and the goal is to make them confront the experience again.
(Decision Making, EU, Crystallized, Analogical Reasoning)

He says kids and teenagers tend to think of the world around them in a self-centered way, not to say they are selfish but they often blame themselves for the things around them like their parents divorcing. Survivors of extreme events often feel similar ways
(EU, ER)

Nambong inferred Yeonshik was going through exposure therapy, unexplained though
(Intuition Abductive)

He understands how little of himself he knows, he compares it to people who can't date reading books on dating he also comforts Yeonshiks guilt by saying its natural to feel such things
(Analogical reasoning, ER, EU, Inter EM)

Fater and Nambong both arrive to the same conclusion where since Jisu, Yeonshiks friend, is dead he might be able to meet his parents and it would work as a sort of group therapy while both acknowledging the risk of the parents misbehaving
(Emotional Manipulation, EU, Creativity)

Fater explains eye movement desensitization and reprocessing as a psychotherapy to resolve trauma and names Dr. Francine Shapiro as the woman who came up with it the mechanism behind it is still widely unknown however results have been shown. It redefines or resets the brains way of processing past trauma as they repeatedly follow lights from side to side and experience electrical stimuli on their hands. He tries this on Yeonshik and is able to perceive Yeonshik was deceiving himself by saying there were already results
(Crystallized)

He explains that psychological pain is contagious and that is evidence of the minds ability to empathize

(EU)

He explains that repeated flashbacks are common within trauma patients and that they keep asking themselves endless what if questions
(EU, Crystallized)

He connects the following things
1. Jisus mother had shown lethargy
2. She felt intense guilt and regret after telling Yeonshik something hurtful
3. She had feelings of anger and helplessness

These are high risk symptoms of suicide ideation as such he predicts she will probably attempt, when this inference is confirmed he decides to have Yeonshik talk her out of this as this would help both at once. His reasoning for this is the same as when Fater had Nambong help Yeonshik.
(EU, Tactics Emotional Manipulation Connecting the Dots Inductive Reasoning Crystallized

Yeonshik uses emotionally charged words to calm down Jisus mother [I ain't writing allat]
EU, Inter EM

He tells Yeonshik to neither forget his trauma nor let it control his life and that he trusts him to maintain the balance to take back control of his life
Inter EM, EU

He explains the patients association within wards as a democratic system that let's the patients elect a leader who represents them as a way of letting them adjust to society, he had the charm to get elected despite both usually being Intimidating and not intending to win
Charm, Charisma Crystallized

Was able to perceive Fater felt rage for a very brief moment before he returned to his usual demeanor. This was across a hallway
Observation EP

Was able to perceive Nurse Jang and Fater were both feeling joyous
EP

For the talent show he creatively decided to use a magic shop set up where one can “pay” for things by sharing their stories, typically used before psychodramas the therapy is that they'll buy things like love or attention by telling things about themselves. He decided to do this for the talent show but make a fake bar. Seongho shares his story of how he at one point became so obsessed with work and narrow minded regarding mental health he didn't notice his daughter had severe depression and said the wrong things to her. Nambong immediately tells a story about birthday wine, wine parents make on the day their child is born so when they come of age they can partake, he says that in his heart there's a jar of his daughters birthday wine that remains unopened. He immediately fabricates a random cocktail that doesn't exist, he calls it platanus, which was the favorite of a famous woman (who also didn't exist) called Erin Templon, back when she was unknown she would return home and her father would support her by making some of her favorite cocktail, he suggests maybe his daughter wished for some warm words of encouragement. He also says (bullshits his way through)

Platanus has two meanings

1. Forgiveness, his daughter most likely wouldn't want him to suffer for the rest of his life
2. Rest, he suggests his daughter would probably want him to take a little break from all his hard work

This uplifting story makes others also want to tell their stories making his talent show a massive success

EU Crystallized Fabrication, Acting Skills, Emotional Manipulation Creativity Tactics Mass manipulation Improvisation Quick Thinking

He compares Faters situation with his father (a father with dementia that was from a long lineage of doctors and pressured Fater into entering medical school) to an Angels Share which is a small amount of alcohol that releases into the air.

Analogical reasoning Crystallized EU

I'm not doing so much explanation when there is literally already a doc explaining a feat just like this, point is he solved a rubiks cube that was inside this coma (mental) within 5 (-) [estimation] seconds. If this checks out he computed 43 quintillion permutations likely more since his cognitive abilities are nerfed since he is comatose.

https://docs.google.com/document/d/1pDGobgOviil3GeIjBKFJigTFCBiLotU-CQOsBZz5qTU/edit?usp=drivesdk

PSI, WMI, CPI, VSI



Scan 1 (I felt this one in particular should require a scan due to the estimation)



Scan 2

He inferred his roommate was not actually autistic from the way he maintained eye contact and is responsive, he gets told he had temporary aphasia, this is long term memory since in this coma his roommate was actually himself as a child.

Inductive Crystallized EU, EP Long Term Memory

He was able to connect Faters story about his father, the appearance of this new VIP patient, and changes in Faters mood and infers this VIP patient is his father and is responsible for this change in demeanor.

Abductive Reasoning Connecting The Dots, EP

Professor Fater explains that most of the patients in protective wards seek to be discharged however some that brought themselves try not to leave since they seek to avoid the instability of the real world. While Fater thinks this Nambong seeks to understand what Fater was afraid of since in this case sharing his own personal problems with a patient was a massive error, they both seek to understand each other better.

EU Crystallized

Understands that the parents are the basis for which the child's personality develops upon, Faters dad simply was not a good father. He comforted Fater after he experienced rejection from his father yet again by saying his father does not decide his worth and that many people depend on him and that that alone makes him valuable

EU, Inter EM Manipulation

Nambong while in the coma noticed inconsistencies in Seons behavior, giving him advice while being unaware of his symptoms, he then remembers a glimpse of real life and realizes he is inside of a coma. He is his own roommate and Dr. Fater is professor Chun. This is essentially a hyper realistic simulation of his own past except this time he as an adult is here to change things

Observation, Pattern Recognition EU

SEASON FOUR:

He noticed some patterns in Jiseong Gwaks blogs, such as him always posting a blog right after a live stream. He also notices that Jiseong treats this blog as a diary because there are rarely other

visitors nor does he mention other users, he uses this to hint at Seonga what he already observed with the patterns he then points out some deviations such as on the day of the acid attack he made no blog he also understood Jiseong's hatred turned into fear and hesitation briefly before the attack and he understands the person who talked Jiseong Into this is Seonghyun, who deleted his message, and as such tells Seonga to stand down (smart move she isn't built for that matchup 😭).
Pattern Recognition Crystallized EU, EP Inductive Reasoning

He explains his prediction that Korea will enter a dark age of hate terrorism, there are signs of such happening already, bombs, acid attacks, and hatred. He says he thinks that Jiseong was getting manipulated by someone that he knows is Seonghyun
EU, EP Inductive Reasoning Prediction

He saw some kids bullying Manny a while ago and was able to understand they were afraid. He used a whistle and his car to scare them away he knew they had a guilty conscious and that they would assume it's the police, he assumed they would run away because he perceived they were afraid by the way they ganged up on Manny he even predicts that if Manny confronts one 1v1 they would be scared
EP, EU Prediction Crystallized

He can tell either guilt or fear makes Changgyu copy others articles, he points this out.
He can tell Seonga is thinking he hasn't changed at all from the old days.
EP

He was confident despite pissing off Changgyu that he would come back, he even bet 20,000 won (around 18 usd at the time I don't feel like checking what it is now) He won this bet
Anticipation EU

He told Manny that one can't hate someone and want to learn more about them at the same time
EU

When he was informed of the YPA being a fake news factory by Changgyu he revealed he expected as such he also learned That Yongjae Kim owned many dogs, he connects this with his failed politics career and infers he chose dogs because they are the most submissive pets, things like desire to show off, wanting recognition, and desire to show off control. He also infers that an attack on the elderly is

near by hearing the phrase the “Long Bone” which referred to Tapgol park which is very often visited by the elderly

Anticipation Inductive Reasoning Information Gathering Abductive Reasoning EU

To gather information about the methods of the YPA he decides to talk to a member arrested for bombing.

Manipulation of the man:

1. Gets a chance to meet him by getting on his good side, sending a message saying he is an important person
2. Tells him he knows a lot about him

Perception: He noticed a look in his eyes and a drop of sweat he interprets this as him being anxious, and defensive but curious about what he has to say

3. He realizes how little time he has and decides to provoke him
4. He directly asks how much he knows about the YPA to observe his reaction

Perception: He perceives that the man is lying upon saying he does not know much.

5. He provokes him by directly explaining his own psychology to him, he had always been in the limelight, student clubs, student council member at medical school, but as he got older that feeling had begun to fade so he was attracted to the YPA but even he had yet to experience a tunnel ritual which would make him feel more like belonged

This turned his anxiety into rage, rage at the exposing of his unimportant in the YPA, this was further confirmed by a recording showing how the higher ups did not care about him, he them redirected this need to feel importance to him, proposing that even should the YPA not care about him he is important for Nambong, for Nambongs purpose. He was tasked to find some old farmhouses he says, so from this and the fact the long bone is supposedly an attack on the elderly he expected the terror attack to be by a soup kitchen or something similar he knows that pesticides have added bad flavor and smells to avoid consumption but when left for long enough there is a chance some elderly may consume them without knowing he orders Seonga immediately to stop the elderly from consuming them, though he is almost too late for one who has already taken one. He quickly acts WHILE HAVING A PANIC ATTACK, ordering Seonga to give him any bag where he crushes up two diazepam pills of his and gives it to the old man with water to save his life instead of using those last two pills for himself

Quick Thinking EM, EE, Information Gathering Decision Making Inductive Reasoning Tactics emotional manipulation EP, EU Strategy

He knows what network analysis is though this time he actually isn't the one explaining
Crystallized

He asks Seonga how discrimination leads to violence, this is a very direct hint. He knows that the next attack will be carried out by an immigrant worker. The discrimination against them leads them to retaliate which escalates, because the fear turns into rage and rage derived from fear is incredibly dangerous, while Seonga was the one who said all of this he definitely inferred it as well because he heavily hinted it to Seonga
Inductive EU Prediction

Nambong explains most terrorists, according to Israeli psychologist Ariel Merari, are brainwashed in some form or another. He explains the usage of the word "Tunnel" as a metaphor for a brainwashed person's mind in other words it's mind programming which requires three things
1. Isolation
2. Extreme condition
3. Injection of belief
(Analogical Reasoning Crystallized EU)

He considered using Manny, a child, to go through to the YPA for him but he decides otherwise. He speaks about Mannys's brother infiltrating the YPA because of their supposed goal of getting immigrants to attack. He'd take a pill prepared to endure the brainwashing period and take a recorder with them. He also perceived Seonga knew what Nambong was thinking with Manny
The pill itself was highly concentrated sugar, this would help counter the brainwashing when logical thinking becomes hard
EU, EP Strategy, Planning, Tactics, Ruthlessness Crystallized

He got chief Yuri Kang to work with him, let's go over this now that the team for the rest of season four is gathered
1. Nambong himself, a genius
2. Seonga Yoon, a university professor and Nambongs student (she solos fiction)
3. Yuri Kang, police chief with some influence
4. Jinhan Chun, Nambongs brother and police officer for him to shift all the credit towards
5. Honorary members: Manny and Pavlov a little boy Nambong is friends with and the goat, Nambongs pet dog.
(Influence)

He explains there are two ways to get information out for Juhwan Park, who otherwise would simply claim he was acting alone.

1. Deprogramming. Unethical methods but quicker and persistently attacks the belief, in a sense it's like reverse brainwashing.
2. Exit counseling. Takes longer but resolves the root cause

He also acknowledged if the latter is chosen then Seonga would fit better

Decision Making Crystallized EU

After hearing the recording device and the pills were missing he immediately inferred that Manny had gone to the YPA of his own accord and decided to go about it by using deprogramming the quicker approach to keep Manny safe

Quick Thinking, Abductive Reasoning Decision Making

He can infer that the reason why Yuri Kang said it's a shame Juhwan was caught was because she wanted more credit by catching the whole organization at once he uses this to get her to let him do the deprogramming

EU, EP Negotiation

Deprogramming process

1. He let's him wait for four hours doing nothing before doing so, this is to exhaust and fatigue him. He explains this with the Ganzfield effect, once someone is deprived of stimulation their visual and auditory perception becomes warped; this is explained by the brain's attempt to fill in the absence of sensory output; he even thinks of the quote “Nature abhors a vacuum,” by Aristotle.
2. By calling him out so late in the night he makes him wonder what he's been brought there for and with this deprivation he starts to fear the worst
3. Once he enters the room he knows he will be perceived as the culmination of all of his insecurities

Here it is also revealed back in Nambongs early twenties he helped deprogramme a cult so he has experience, he basically collapsed the cult solo by deprogramming half the cult alone, he also when he enters observes the look in his eye, his scrunched up nose, and his mouth expression

4. He starts with a staccato burst of questions (questions that don't give time to think) to keep his mind occupied such as inquiring about the motive he allegedly had for it
5. He makes him go on the defensive by attacking his beliefs directly such as calling him a mere criminal and saying he's

wrong about believing he's just about this which he inferred from how willing he was to confess.

6. He attacks him some more by bringing up the fact that the elderly at Tapgol park are the socially unprivileged completely unlike the elderly he was allegedly trying to attack, he even supposes that he bullied the weak and defenseless instead of bringing about change

7. This went on for a while all the while maintaining a poker face and not letting his panic disorder show weakness

This enters the next stage of the deprogramming, Juhwan is experiencing rage and denial he explains this as counter identity when one is denied their feelings of self worth they attempt to protect themselves by projecting their aggression either to themselves where their self esteem lowers, and they also experience depression, and a sense of helplessness or they can direct it outwards convincing themselves they are special and worthy by believing everyone else is wrong and beneath them. Examples of this twisted self defense are justifying malicious comments for social justice and doxxing with the right to know. He continued to press and enters the third stage, silence, when the self doubts start eating away at him

8. (Approaching the end) He learns he has some younger siblings so he uses this to set him free. He states that everything Juhwan has done was for his younger siblings and asks if they were aware of what he had become he makes this decision immediately after calming his panic disorder which was acting out, when Juhwan cries out for a lawyer he points out the hypocrisy of wanting the protection of the law despite having attempted mass murder.

He explains his understanding of Juhwans fear with some introspection he regained most of his emotions seven years ago making him a blank canvas of emotions, he most likely had those emotions building up internally anyways, and he had gained a panic disorder from him experiencing other people's fear, hatred, and anxiety this is why he spent seven years in hiding all the while he was reflecting which is why he can now understand Juhwans fear.

9. He started describing the elders Juhwan attempted to hurt, humanizing them in his eyes, (9 people btw so good WMI feat) he follows this by saying he never wanted to hurt them in the first place saying he knows this because he spent his whole life protecting others.

This finally succeeds in breaking him down and deprogramming him where he starts to sing like a bird

Strategy, Tactics Emotional Manipulation EU WMI, Crystallized Intrapersonal Intel ER Observation EM, Composure Insanity Inducement Critical Thinking

Now let me add another feat which I felt should be separated from the other parts of the deprogramming process. Is the CPI element, he gained some assistance to finish off the process by Seonga who sent him lots of information which included names, ages, background, why they were at Tapgol park. Frost saw this message and quickly scrolled through all of this, looking at it through an inconvenient angle since he had to hide his phone from Juhwan. In 3-5 seconds he scrolled through all of this and memorized it. He even thought about how he could use this information to finish off the deprogramming process.
(PSI, WMI, CPI, Quick Thinking, Concealment)

After hearing of the YPAs activities he immediately connects it to the injection of belief step in brainwashing and information overload
Connecting the dots Quick Thinking

He analyzes that part of the reason Manny ended up alright was because he had already overcome many hardships, which is helpful to counter an important step of brainwashing which is the [forfeit of logic]
Analysis, Crystallized EU

Could immediately tell that Ms. Kang had been promoted [his reasoning isn't elaborated on]
Intuition

He decided that in order to learn more about Seonghyun he should go to his birth place to understand him better
Decision Making Tactics

He understands himself yet again, as he learned more about Moon (how he figured out his hometown) He became more and more afraid, he understands the reason he felt this way was because as he was learning more about Seonghyun he also learnt more about himself
ER Information Gathering

He understands that his mind is trying to protect itself by suppressing it's memories and that his memories are being forced out by coming here similar to why police force perpetrators to come to the crime scene
Crystallized EU, ER

He observed a few things after checking the storehouse of the school Moon attended, he did some basic math to discover what year he should have graduated and when he found nothing he checked the next year, he observed a teachers diary with notes on the students he noticed a page was ripped out and used the classic movie detective technique of applying pencil lead on the paper to see what had been pressed down, it said that the teacher was terrified. He then tried to get into Moons shoes, firstly by looking out of a window he knew Moon would have and he noticed a small ouroborous symbol in the corner. He also tried to empathize with Moon and succeeded so well he intimidated a few delinquents by just standing there

EU, Empathy Logical-mathematical intel, Observation Crystallized Intimidation

Has the courage to confront two of Seonghyun's men alone and tell them to tell Seonghyun to wait for him

EE, EM

Once he awoke from being knocked out he remained completely calm he overheard them saying this was ordered by the director which he connects to be Seongjun who he has seen before, with this he infers that the relationship between him and Seonghyun is most likely found in this place

Abductive EM

He infers the room he was staying in was the room of the granddaughter of the man he was staying with from a university degree being hung up some makeup etc, however he could also tell that judging from the fact the daughter was an orphan and the fact the times lined up her parents probably died in the mass suicide incident thirty years ago he then shows the man an image of Moon to jog his memory. He then learns that Moon used to visit him and eat some ice cream, he always carried around a notebook with him when he opened it he found the ouroboros symbol

Logical-mathematical intel decision making Information Gathering abductive Observation

He explains that disregarding honorifics Is simply a social code, a step in the process of getting closer to someone

Social Awareness, EU

He decides that Moon probably spent a lot of time in the library so while Changgyu chatted with one of the delinquents he checked the books, he noticed a pattern that all of them were donated by

Zaccheus’s house when he finds out the kid had been raised there so he decides to check it out

Pattern recognition decision making Information gathering

His intuition tells him Zaccheus’s house was at the same location Heaven's Gate used to be this turns out to be correct

Intuition

He noticed every record in Zaccheus’s house only dates back to 1992 and questions about it when she says something terrible happened the year before. When he directly asks about Seonghyun Moon she acts like she's never heard that name before he can tell she is lying either due to fear or guilt

Observation Pattern Recognition EP Divergent Thinking

He immediately connected the lights and internet cutting off to being the doing of Moons workers. He heard firecrackers going off and after Changgyu was shot he realized that this was to mask the sound of the gunshots, with this he sends Gu (the kid who took them to Zaccheus’s house) to a spot where he could get signal and call for help because Changgyu got shot. He then lured Seongjun to a little warehouse since he knew he alone was the target, where Heaven's Gate originally operated, since guns are illegal in South Korea and they had already shot a lot he inferred that he wouldn't want to waste more ammunition. With this he makes a gamble and uses a book to place under his shirt and hoodie to block an expected knife attack. Seongjun swiftly adjusted to hand to hand combat and Nambong quickly adapted, while he was still getting his ass beat he adjusted his approach to talk with Seongjun, not to persuade him to let him go but rather to delay his death, to do this he grabs the book that was stabbed and slams it into Seongjuns head creating some space here he makes an inference

1. He knew Seonghyun had been removed from his little brother at a young age
2. Seongjun is Moons right hand man and closest to him

Conclusion: Seongjun is Seonghyun’s only legitimate brother from this he infers even further that the mother of the two siblings had taken back Seongjun long ago but then abandoned him later, he decides to reveal these inferences to Seongjun, he then says that knowing Seonghyun Seongjun should know exactly what Moon has done to her, insinuating that he had killed her which succeeds in delaying things so that Changgyu can get there, you see his plan this entire time was to delay Seongjun enough to get Changgyu there, since Changgyu had already shown his tricks of using a stun gun Nambong knew that Seongjun knew of this so he would have Changgyu try a sneak attack

which distracts Seongjun just enough for Nambong to grab it himself and taze Seongjun

Misdirection Prediction Inductive Reasoning, abductive reasoning emotional manipulation, direct manipulation strategy, planning, quick thinking, creativity leadership

Alright now wind it ALL the way back to season one when I first brought up the AM project, here we get more context which makes it more impressive. As I said before he understands the concept of papers written by Chun without even understanding some of the vocabulary, here it is elaborated on he was special due to his underdeveloped amygdala so they ran some tests on him when Chun called him incredible it was revealed Frost learned enough about psychology to understand a conversation between Chun and another psychologist by just picking up random psychology books which Chun, a genius in his own right, called extremely advanced while making this face



VCI, Linguistic Intel, FRI

He was able to understand that a patient with vascular dementia probably couldn't perform cognitive functions like forming an attachment while he was still a child

EU, Crystallized

He could perceive that the people around him feared him when he was incredibly young

EP

He could also perceive his parents were getting tired of dealing with a child that lacked empathy

EP

He remembered seeing his parents with a Heaven's Gate book in his childhood

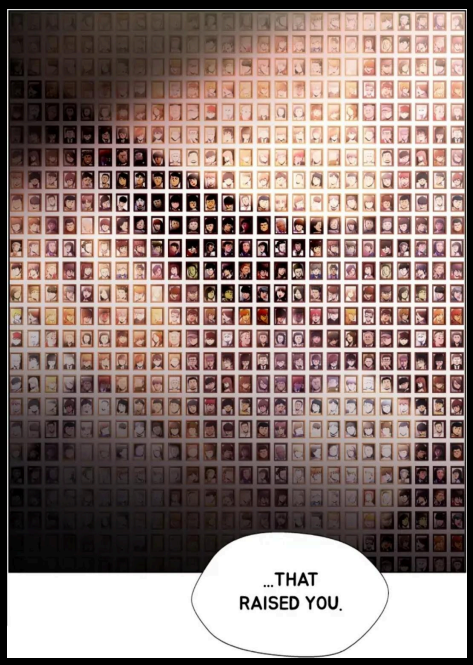
Long Term memory

LUCID DREAM SCENE:

He has all of his suppressed memories rush back into his head at once, this overwhelms him with feelings of pain and anguish



But he then imagines Professor Chun speaking to him “every moment you've passed with every person you've met those are the things that raised you” and he does as such and mentally looks through his memories



He does as Chun says which basically means he understands himself flawlessly he even overcomes his FUCKING PANIC DISORDER with this. Not to mention the FSIQ aspects of this feat.

In the manhwa Frost in this lucid dream scene Frost displays his amazing memory by entering a sort of memory palace, keep in mind he is conscious here which makes it different than his coma. Here he completely visualized Chuns body which isn't even the impressive part. In the manhwa we can count 22 columns and 86 rows of images totaling 1892 images. Even though some images are repeated we know that's simply due to artistic limitations since the narrative obviously stated "every moment with every person you've met" so there's no sense in him replaying the same memory twice. I allow you to interpret this two ways

1. The lowball: This would mean that each memory is around a minute long totaling 11,352 seconds of memory played per second. Assuming this all took around 10 seconds
2. The highball: This assumes the manhwa version of Frost's memory palace is the same as the drama where each frame contained more frames totaling hours each. Let's say bare minimum two hours each for this interpretation. We'd then get 1,362,240 seconds of memory played per second assuming it takes him the same amount of time.

In the drama itself these memories were also displayed as a video. The way I see it, it's a form of PMH, he previously had memories suppressed by his own mind but this is it all coming back.

Calcs:
https://casequard.com/articles/how-many-frames-per-second-can-the-human-eye-see/#:~:text=The%20visual%20cues%20in%20the,to%2060%20frames%20per%20second.

The average human eye can see around 30-60 frames per second.

Using this number from earlier (1,362,240 seconds of memory per second) we can assume the average human would have 1 second of memory per second. So then we take the frames per second and multiply it by this number. 40867200 frames per second is what we get if we take the lower end and assume 30. If we assume 60 then we get 81734400 fps.

The desires of others arc takes place right after Christmas which the next Christmas is in "Merry Christmas Dr. Frost" showing a year has passed, back then Frost had been 34 and Moons plan begun when they first met, back when Moon was 19 and Frost was 16. This means it had been 18 years since that flashback during the desires of others, add another year and it'd be 19. This is again confirmed when it's

mentioned Frost is turning 35 during the "Merry Christmas Dr. Frost" arc. Seven years are added by the timeskip where it's stated Frost was in hiding after leaving the coma for seven years.

From this we know Frost is 42 years of age when this happens. Dr. Frost occurs in real time as the author was writing it. It ended in 2023 so he was 42 in 2023 so he was born around 1981, we know his birthday is in December.

https://byjus.com/question-answer/how-will-the-number-of-ordinary-years-leap-years-in-a-century-be-calculated-please/#:~:text=1904%2C%201908%2C%201912%2C%201916,%2C%201992%2C%201996%2C%202000.

https://scienceworld.wolfram.com/astronomy/LeapYear.html#:~:text=Therefore%2C%20the%20year%202000%20will,2040%2C%202044%2C%20and%202048.

1984, 1988, 1992, 1996, 2000, 2004, 2008, 2012, 2016, 2020. Is the complete list of leap years since Frost was born. So 42 years 42 × 365 is 15330 days. Account for the leap teams which in this case make up 10 days to reach 15340. One day is 86400 seconds. For a total of 1325376000 seconds. If we assume he sleeps exactly 8 hours a day we multiply 1325376000 by ⅔ to get the amount of seconds he's been conscious. I then subtract 5184000 which is the amount of seconds he'd have lost if he was in the coma for two months (30 days each) that gives us 878400000 seconds. He was conscious for around that long in his life which gives us anywhere between 35,897,748,480,000,000 or 35 quadrillion. We double this for the higher end which would be 71,795,236,960,000,000 frames per second.
ER, EM, EE, Intrapersonal Intelligence Self Awareness, PSI, WMI, VSI, CPI

It's revealed that years before he told Seonga that It takes two things for hatred to turn violent. Anger born from fear and righteousness without reflection
Emotional Understanding

He also told her that most behaviors can be explained by knowing ones fundamental wants, yet at the same time one should not feed the desire itself
Emotional Understanding

It is revealed all those years ago back with the guy who Seonga tried to treat and had anxiety that he understood Seonga had some problems herself such as her having a savior complex, she has the need to feel needed

EP, EU)

Okay now while it MAY seem like I'm milking every feat I can before the end of the doc but hear me out on this one



They hugged, that's the feat let me explain, he saw Seonga again after a while and she was devastated due to her inability to protect Jinhan so with this he thinks quickly and makes the smart move of hugging her. This is particularly special since Nambong isn't a very physical person however doing this regulates her emotions he adds onto it by saying he can empathize with how she's feeling however she doesn't belong in a place like that due to her love of humanity
Inter EM, Quick Thinking Tactics

When Seongjun appeared in front of him and asked him to take him to Seonghyun he immediately inferred from his previous knowledge that Moon had ordered him to take his own mothers life and he refused
Quick Thinking, Abductive

When confronting Seonghyun, Seonghyun explains that people have become desensitized to killing and that they have trouble understanding themselves until they feel tremendous amounts of resentment and hatred and so his riots are designed to bring about a change by acting as a mirror, making people recognize that on the

inside they are all monsters. Nambong realized that this is a lie because he felt a certain allure from Seonghyun all those years ago because he sensed they were both alone. If they were both alone it would be odd to think that he would do this to make everyone embrace a collective conscious. He realized this all while being provoked by Moon after managing his rage

Perception Quick Thinking EM

He persuades Seongjun to share his information with him because he knew that Seongjun knew what Moon was planning to use as a spark to turn the rallies into riots. He explains the difference between a protest and a riot. The difference is that a riot has too many demands because while rallies and protests have a unified aim riots do not it's aim diverges everywhere, usually a small group explodes with fear and rage then it causes a chain reaction similar to nuclear fission

Persuasion EU Analogical Reasoning Crystallized

Nambong infers Gwanghwamun will be the real location that Moon targets because Yeouido has a clear and direct target whereas Gwanghwamun is a hodgepodge of unpleasant feelings

EU Prediction, Abductive Reasoning

After failing to stop the riots he can locate Moon because he knows Seonghyun would want to witness this so he heads to the top of the highest building nearby

Intuition Abductive Reasoning

In order to stop the riots (they ended out being in Yeouido) he ordered Seonga and Seonah to head to the speaker system and get everyone's attention somehow after that they have to apply the alienation effect essentially he uses facial recognition and tracking to stop some people who see themselves on screen, never focusing on one person longer than three seconds and using split screen to do this more efficiently and even the people not caught on camera will be affected due to the mood of their surroundings changing essentially working as a psychological sprinkler system

Strategy AIM, Strategy Efficiency, Strategy Formulation Speed, EM, Composure, EU, Mass Manipulation Strategy Effectiveness Tactics

END OF DOC thx for reading

